

PATHOPHYSIOLOGY OF INTERLEUKIN-TWO INDUCED  
NEUROLOGIC TOXICITY

by

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## ABSTRACT

Interleukin-2 (IL-2) induces neuropsychiatric toxicity in patients, which is often dose-limiting and currently not well understood due to lack of suitable experimental methods. We therefore evaluated a number of experimental techniques to quantify changes in the brain vasculatures in a well-characterized IL-2 treatment murine model. Direct measurement of small molecule accumulation, wet versus dry brain weight comparison, and proton density MRI lacked sensitivity and reliability to detect small changes in the brain water content. Successful methods included dynamic contrast enhanced (DCE) MRI and immunohistochemistry using specific endothelial markers to identify vasodilation in carefully matched regions of the mouse brain. Both methods demonstrated significant vasodilation of the brain blood vessels following IL-2 treatment. DCE MRI further indicated that IL-2 increased brain blood vessel permeability to the contrast agent. Using these techniques, we evaluated the mechanism involved in IL-2-induced neuropsychiatric toxicity. We initially established that mice exhibited behavioral changes following IL-2 treatment, indicating that IL-2 affected the brain in the murine model as in patients. The spontaneous movement, rearing, and grooming significantly decreased by day 2 following IL-2 treatment in the C3H/HeN mice, while the motor strength and coordination of these mice were affected by day 4. Vasodilation and microvascular permeability evaluated by immunohistochemistry and DCE MRI were not

observed until day 4, suggesting that IL-2-induced behavioral changes occurred before detectable vasodilation and microvascular permeability. Further experiments established that IL-2 mediates its cardiovascular toxicity via its receptor on leukocytes, instead of a direct action on endothelial cells. This finding supports the concept that the dose-limiting toxicities associated with IL-2 therapy are mediated by the secondary inflammatory cytokine storm. We therefore evaluated the role of nitric oxide (NO) produced by endothelial NO synthase (eNOS) in vascular changes in the brain following IL-2 treatment. The data indicated that activation of eNOS-mediated changes in vascular permeability and vasodilation correlate with motor function changes induced by IL-2, while changes in spontaneous behavior following IL-2 treatment are not mediated by NO.

To my father who always believed in me

## TABLE OF CONTENTS

ABSTRACT.....	iii
LIST OF FIGURES .....	viii
LIST OF ABBREVIATIONS.....	x
ACKNOWLEDGMENTS .....	xiii
CHAPTER:	
1. INTRODUCTION .....	1
Interleukin-2.....	2
IL-2 Receptor .....	5
Signaling Pathways and Biological Activities of IL-2 .....	7
Preclinical Studies and Clinical Uses of IL-2 .....	9
Dose-limiting Cardiovascular Toxicities of IL-2 Therapy .....	10
Nitric Oxide .....	11
Nitric Oxide Synthase .....	15
Dose-limiting Neuropsychiatric Toxicity of IL-2 Therapy .....	21
Sepsis .....	24
References.....	24
2. QUANTITATIVE ANALYSIS OF CYTOKINE-INDUCED VASCULAR TOXICITY AND VASCULAR LEAK IN THE MOUSE BRAIN .....	42
Abstract .....	43
Introduction.....	44
Materials and methods .....	47
Results.....	54
Discussion .....	75
Acknowledgments.....	82
References.....	82
3. NEUROLOGIC TOXICITY CORRELATES WITH ENDOTHELIAL NITRIC OXIDE SYNTHASE INDUCED CEREBRAL VASODILATION	

AND MICROVASCULAR PERMEABILITY FOLLOWING MURINE INTERLEUKIN-2 TREATMENT .....	87
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Abstract .....	88
Introduction .....	88
Materials and Methods .....	90
Results .....	93
Discussion .....	107
Acknowledgments .....	115
References .....	115
4. DISCUSSION .....	121
References .....	130



## LIST OF FIGURES

<u>Figure</u>	<u>Page</u>
1.1 The crystal structure of IL-2 generated using RasMol software.....	4
1.2 The structure of nitric oxide synthase (NOS) dimer.....	17
2.1 Cross section drawing of the mouse mid-brain section and the representative sections from the control and IL-2 treated mice.....	51
2.2 Direct comparison of wet versus dry brain weight from IL-2 treated mice.....	56
2.3 Evaluation of IL-2 induced vascular leak in the brain using [ <sup>125</sup> I]-labeled albumin .....	59
2.4 Evaluation of changes in brain water content using tritiated water .....	61
2.5 Evaluation of blood vessel permeability using sodium fluorescein in the mouse pleural fluid, lungs, and brain.....	65
2.6 Immunostaining of brain sections to evaluate endothelial cell morphology ...	68
2.7 Evaluation of proton density in the brains of IL-2 treated mice using a 7T MRI system.....	71
2.8 Evaluation of IL-2 induced changes in the brain blood vessel permeability by dynamic contrast enhanced (DCE) MRI.....	74
3.1 IL-2 induced behavioral changes in mice .....	96-97
3.2 Vasodilation of brain blood vessels in IL-2 treated mice .....	100
3.3 Effects of IL-2 on brain plasma volume and microvascular permeability in mice evaluated by DCE MRI.....	103
3.4 IL-2 induced vasodilation and microvascular permeability in the brain are abrogated in eNOS <sup>-/-</sup> mice.....	105-106

3.5	IL-2 induced behavioral changes were attenuated in eNOS <sup>-/-</sup> mice.....	109-110
4.1	Assessment of whether IL-2 induces hypotension via IL-2 receptor expression on endothelial cells or leukocytes .....	126
4.2	DCE MRI following 3 days of IL-2 treatment to evaluate early changes in vasodilation and microvascular permeability induced by IL-2 in the brain ..	129

## LIST OF ABBREVIATIONS

IL	Interleukin
NK	Natural killer
IL-2R	IL-2 receptor
IL-2R $\alpha$	IL-2R alpha chain
IL-2R $\beta$	IL-2R beta chain
$\gamma$ c	Gamma chain
JAK	Janus kinases
STAT	Signal transducers and activators of transcription
LAK	Lymphokine-activated killer
TNF	Tumor necrosis factor
IFN	Interferon
GM-CSF	Granulocyte-macrophage colony-stimulating factor
VLS	Vascular leak syndrome
NO	Nitric oxide
cGMP	Cyclic guanosine monophosphate
sGC	Soluble guanylate cyclase
iNOS	Inducible nitric oxide synthase
CNS	Central nervous system

NOS	Nitric oxide synthase
nNOS	Neuronal NOS
eNOS	Endothelial NOS
mtNOS	Mitochondrial NOS
NADPH	Nicotinamide adenine dinucleotide phosphate
FAD	Flavin adenine dinucleotide
FMN	Flavin mononucleotide
BH <sub>4</sub>	Tetrahydrobiopterin
O <sub>2</sub>	Oxygen
CaM	Calmodulin
Ca <sup>2+</sup>	Calcium
Ser	Serine
Thr	Threonine
O <sub>2</sub> <sup>-</sup>	Superoxide
ONOO <sup>-</sup>	Peroxynitrite
MRI	Magnetic resonance imaging
BBB	Blood-brain barrier
DCE	Dynamic contrast enhanced
ICU	Intensive care unit
NaFl	Sodium fluorescein
Iso-B4	Isolectin GS-IB <sub>4</sub>
vWF	von Willebrand Factor
ROI	Region of interest

SI	Signal intensity
PD	Proton density
$f^{PV}$	Fractional plasma volume
$K^{PS}$	Endothelial transfer coefficient
PS	Permeability surface area product
SEM	Standard error of the mean
WT	Wild-type
BM	Bone marrow
KO	Knockout

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## CHAPTER 1

### INTRODUCTION



## Interleukin-2

Interleukin-2 (IL-2) was first identified in 1976 as the active component of a lymphocyte conditioned medium that supported the long-term growth of T lymphocytes *in vitro* (1) and hence named T-cell growth factor (TCGF). In 1981, it was characterized as a variably glycosylated 15,500 Dalton protein (2). IL-2 was then purified to homogeneity (3) and its cDNA was cloned in 1983 (4). The gene that expresses IL-2 spans four exons and is located on chromosome 4q26–q27 in human or chromosome 3 in mouse (5). The human cDNA encodes a polypeptide composed of 153 amino acids, with the first 20 amino acids serving as a signal sequence and are cleaved prior to secretion. The murine amino acid sequence is about 60% homology to the human sequence. Both are secreted as single polypeptides with molecular weights of 15–17 kDa (6). The size and charge variability of IL-2 depends on the degrees of glycosylation, which have no effect on activity (6). Therefore, recombinant IL-2 is equally effective in stimulating T-cells proliferation as glycosylated IL-2. Recombinant human IL-2 has been found to be effective in mice.

The crystal structure of IL-2 was determined in 1991 (7), which showed that IL-2 folds into four  $\alpha$  (alpha) helical domains (named A, B, C, and D) connected by 3 loops (A–B, B–C, and C–D loops) and has a single disulfide bridge (Fig. 1.1). The first and last two  $\alpha$  helices are each connected by a long crossover loop, resulting in an “up-up-down-down” topological structure because the first two  $\alpha$  helices (the A and B helices) appear to orient in an upward direction while the last two  $\alpha$  helices (C and D) can be oriented in a downward direction as viewed from the NH<sub>2</sub>- to COOH-terminal. IL-2 also has two more small  $\alpha$  helices, named A' and B'.

Figure 1.1

The crystal structure of IL-2 generated using RasMol software.



In the immune system, a small amount of IL-2 is mainly secreted by antigen-activated T-helper (Th1) lymphocytes. Additionally, dendritic cells, monocytes, natural killer (NK) cells, and activated CD8<sup>+</sup> T-cells can also produce IL-2. In the normal brain, IL-2 expression is extremely low and regionally restricted. IL-2 in the brain is produced by the glial cells, which include microglial cells, oligodendrocytes, astrocytes, and ependymal cells.

### **IL-2 Receptor**

IL-2 was the first cytokine identified to mediate its effects via a cell surface receptor that has similar characteristics to those of classic hormone receptors, including stereospecificity, saturability, and high affinity (8). IL-2 binds to a well-characterized heterotrimeric receptor on its target cells (9). The IL-2 receptor (IL-2R) is composed of three noncovalently linked distinct chains: 1) the alpha chain (IL-2R $\alpha$ , CD25), 2) beta chain (IL-2R $\beta$ , CD122), and 3) a common cytokine receptor gamma chain ( $\gamma$ c, CD132) (10-18). IL-2R $\alpha$  is essential for specific binding of IL-2. By itself, IL-2R $\alpha$  binds to IL-2 with a low affinity (binding affinity  $K_d \approx 10$  nM) and does not play a role in signal transduction (19). IL-2R $\beta$  alone also has a very low affinity ( $K_d \approx 100$  nM) whereas isolated  $\gamma$ c has no detectable binding affinity to IL-2, but the complex of IL-2R $\beta$  and  $\gamma$ c binds to IL-2 with an intermediate affinity ( $K_d \approx 1$  nM) (20). This two-part receptor complex is found on macrophages, NK cells, and resting T cells (9). Upon IL-2 binding, IL-2R $\beta$  and  $\gamma$ c complex is sufficient and necessary for effective signal transduction via the heterodimerization of their cytoplasmic domains (21-22). A complex of all three IL-2R subunits (IL-2R $\alpha$ , IL-2R $\beta$ , and the  $\gamma$ c) binds to IL-2 with high affinity ( $K_d \approx 10$  pM)

and is the receptor form found on activated T cells (18) that mediates most biological activities of IL-2 *in vivo* (9). There is homology between the mouse IL-2R and human IL-2R. In the mouse brain, IL-2 receptors have been found on microglial cells and on myelin (23-24), mainly in the hippocampus, frontal cortex, and striatum regions (25).

The recently elucidated structure of the IL-2 and IL-2R quaternary complex revealed many details of the interactions between IL-2 and its various receptor complexes. The structure of IL-2R $\alpha$  and its mode of interaction with IL-2 differ from the typical cytokine receptor (26). IL-2R $\alpha$  folds into two “sushi-like” domains, which form five-stranded  $\beta$ -sheet sandwiches (27). A long connecting peptide of the IL-2R $\alpha$ , between its globular head and the transmembrane segment, allows its binding domain to extend away from the cell surface and reach the dorsally located binding site on IL-2 (28), capturing the IL-2 molecule and setting it against the  $\beta\gamma$  complex. IL-2R $\beta$  and  $\gamma_c$ , on the other hand, contain a “WSXWS” motif in the C-terminal domain and two disulfide bonds in the N-terminal domain that are characteristics of the class I cytokine receptor superfamily (29). They consist of N- and C-terminal fibronectin-III domains, which are characterized by a  $\beta$ -sandwich sheet containing seven antiparallel strands arranged in a three-on-four topology, and their bases converge to form a Y shape where IL-2 binds to (28). The formation of the IL-2 and IL-2R quaternary complex is mediated by four binding sites: IL-2/IL-2R $\alpha$ , IL-2/IL-2R $\beta$ , IL-2/ $\gamma_c$ , and IL-2R $\beta$ / $\gamma_c$  (28). IL-2/IL-2R $\alpha$  interface is the largest of the three interfaces with a hydrophobic center, a polar periphery featuring five ion pairs, and seven hydrogen bonds between IL-2 and IL-2R $\alpha$  (27). Interestingly, IL-2R $\alpha$  does not associate with IL-2R $\beta$  or  $\gamma_c$  and the three contact sites on IL-2 normally do not overlap with each other, except for a small region of helix A that

wedges tightly between IL-2R $\beta$  and  $\gamma$ c to form a three-way junction for a composite binding site for the final  $\gamma$ c recruitment (27). There are only minor conformational changes observed in the IL-2 structure upon forming a quaternary complex with IL-2R, the most significant is the arrangement of the BC loop due to crystal-packing interactions (27).

Whereas IL-2R $\alpha$  chain (CD25) is specific to the IL-2 receptor, IL-2R $\beta$  is also a subunit of the IL-15 receptor while the  $\gamma$ c is shared by IL-4, IL-7, IL-9, IL-15, and IL-21 receptors (30). Hence the redundancy of IL-2 functions with those of other cytokines sharing a common  $\gamma$ c in their receptors. IL-2 exerts its diverse activities by binding to different receptor complexes of IL-2R depending on which components of the receptor are expressed on the cell surface. A crucial number of IL-2 receptors must be activated before a single T cell will make the irreversible, all-or-none commitment to pass through the G<sub>1</sub> restriction point to undergo proliferation (31-32). A number of other cells (i.e., monocytes, fibroblasts, keratinocytes, and perhaps endothelial cells) express IL-2R $\beta$  and  $\gamma$ c on their cell surface, but it is not clear whether IL-2 binds to these receptors and plays a physiological role in these cells.

### **Signaling Pathways and Biological Activities of IL-2**

IL-2 binding to IL-2R activates numerous intracellular tyrosine kinases, leading to a rapid increase in tyrosine phosphorylation of many cellular proteins and subsequent increase in expression of several nuclear proto-oncogenes critical for proliferation (33). The cytoplasmic domains of IL-2R $\beta$  and  $\gamma$ c associate with Janus kinases JAK1 and JAK3, respectively (34-35). IL-2 binding to IL-2R activates these Janus kinases, leading

to phosphorylation and concurrent induction of STAT (signal transducers and activators of transcription) proteins (36). Although several STAT-like DNA binding activities seem to be involved in the IL-2 signaling pathway (37-38), activation of STAT5 protein in particular has been functionally linked to the IL-2R $\beta$  subunit via a redundant tyrosine-containing motif found in several cytokine receptors (39-41). Upon phosphorylation, STAT5 proteins dissociate from the IL-2R $\beta$ , dimerize, and translocate to the nucleus where they promote the transcription of IL-2 specific genes. Additionally, IL-2 binding to IL-2R also triggers other signaling pathways, such as phosphorylation of the Src-family protein tyrosine kinases Lck (leukocyte-specific protein tyrosine kinase) and Syk (spleen tyrosine kinase), expression of the anti-apoptotic protein B-cell lymphoma 2 (Bcl-2), stimulation of the phosphatidylinositol-3-kinase–AKT pathway, and stimulation of the Ras–Raf–mitogen-activated-protein-kinase pathway, leading to the activation of Fos- and Jun-containing transcription factor complexes (42).

IL-2 plays a key role in cell-mediated immunity (43). At low concentrations (10-100 IU/ml), IL-2 is a potent autocrine T-cell growth factor and is the key cytokine responsible for rapid activation, clonal expansion, and differentiation of antigen-activated T-cells (44). It also plays a role in the proliferation and survival of mature B-cells, and in enhancing the phagocytic capability, oxidative burst, and microbicidal activities of monocytes (i.e., macrophages and neutrophils). Moreover, IL-2 promotes the proliferation of NK cells and activates their cytotoxic function. High concentrations of IL-2 (> 600 IU/ml) rapidly activate a population of NK cell-derived cytotoxic lymphocytes named lymphokine-activated killer (LAK) cells (45). These cells are termed “nonspecific” killer cells because their cytotoxicity does not require antigen presentation

in the context of self-MHC on target cells (46). Thus LAK cells demonstrate killing against almost all cultured and freshly isolated malignant cells (47-48), including multidrug-resistant cancer cells (49). Activation of lymphocytes by IL-2 also strongly induces production of inflammatory cytokines. These secondarily released cytokines include IL-2, IL-3, IL-4, IL-5, IL-6, IL-9, IL-10, IL-12, IL-13, tumor necrosis factor (TNF), interferon (IFN)- $\gamma$ , lymphotoxin (LT), and granulocyte-macrophage colony-stimulating factor (GM-CSF) (44). Lastly, both IL-2 and IL-2R knockout mice have been found to suffer from lymphoproliferation followed by lethal autoimmunity, indicating that IL-2 also has a crucial role in the termination of T-cell responses and maintenance of self-tolerance (50). IL-2 regulates the T-cell tolerance via a group of cells called T regulatory cells ( $T_{reg}$ ) and this function is the only known nonredundant activity of IL-2.

### **Preclinical Studies and Clinical Uses of IL-2**

Activation of cytolytic T-cells and LAK cells cytotoxicity against tumor cells *in vitro* by IL-2 led to the evaluation of this cytokine as an anti-cancer drug. In preclinical studies, concurrent administrations of IL-2 and LAK cells on tumor-bearing mice resulted in the regressions of liver and lung metastases (51-52). These tumor regressions were associated with prolonged survival of the experimental mice (53-54), and correlated with both increasing doses of LAK cells (up to  $10^8$  cells/mouse) and IL-2 (up to  $10^5$  IU every 8 hours) (51, 55-56). Higher doses of IL-2 were lethal to experimental mice due to the development of cardiovascular toxicities.

In clinical studies, cancer therapy using a high-dose i.v bolus of IL-2 induced 10-15% partial and 5-7% complete responses in patients with metastatic renal cell carcinoma



and malignant melanoma (57-58). About 60% of the complete responses proved durable with up to 20 years of follow-up (59). IL-2 therapy was consequently approved by the FDA for treatment of metastatic renal cell carcinoma and melanoma in 1992 and 1998, respectively. To date, IL-2 remains the only clinically available agent that can induce durable complete remissions of metastatic melanoma and renal cell carcinoma in patients despite the dramatic increase in treatment options in the past 4 years. Other agents, such as V600E B-raf specific inhibitor for treatment of melanoma (60) or inhibitors of mTOR (mammalian target of rapamycin) and VEGF (vascular endothelial growth factor) pathways for treatment of renal cancer (61), predominantly induce tumor growth arrest, requiring ongoing administration of these expensive drugs to maintain clinical responses. Attempts to improve IL-2 based immunotherapy include concomitant adoptive transfer of *in vitro* activated LAK cells (62-64) or tumor specific CD8<sup>+</sup> T-cells (termed tumor infiltrating lymphocytes or TILs) or vaccines directed against the cancer cells. These modifications were performed to enhance the immune activities towards the tumor, but have not been proven superior to the treatment with IL-2 alone (57, 65).

### **Dose-limiting Cardiovascular Toxicities of IL-2 Therapy**

The effectiveness as well as a broader utilization of IL-2 therapy as a cancer treatment is limited by its severe dose-limiting toxicities, which include cardiovascular and neuropsychiatric toxicities (64, 66-67). The two most prominent cardiovascular toxicities of IL-2 administration are vascular leak syndrome (VLS) and hypotension. IL-2 induced VLS is characterized by generalized extravasations of intravascular fluid into interstitial tissues. It is associated with marked fluid retention (weight gain), noncardiac

pulmonary edema, and reversible renal dysfunction (68). In conjunction with VLS and intravascular volume depletion, IL-2 also induces hypotension, due to a marked decrease in systemic vascular resistance and hypoperfusion of vital organs, such as the heart and kidneys (69).

These IL-2 induced cardiovascular toxicities are thought to be indirectly mediated by the inflammatory cytokines released upon IL-2 administration, termed a “cytokine storm” (70). These secondarily released cytokines, particularly IL-5, IL-6, IFN $\gamma$ , GM-CSF, and TNF $\alpha$  (71-74), reach high levels in patient serum. High dose of steroids can block IL-2 induced cardiovascular toxicity, but also completely abrogate therapeutic responses, indicating that these secondarily released cytokines may also contribute to the IL-2 treatment response (75). These secondary inflammatory cytokines, mainly IFN $\gamma$  and TNF, can induce the production of nitric oxide (NO) through activation of the inducible L-arginine:NO synthesis pathway (76-80). The levels of nitrate (metabolites of NO) in the serum and urine of patients have been shown to be elevated 6–10-fold on days 5–7 after a 5-day treatment course of IL-2 (81). Studies in our lab have shown that the mechanism of IL-2 induced VLS is via induction of NO synthesis by endothelial NO synthase (82) whereas the hypotension appears to be due to catecholamine oxidation by superoxide and/or peroxynitrite (83).

### **Nitric Oxide**

In 1980, a small molecule released by the endothelial cells that diffuses to and relaxes the adjacent muscle was identified (84) and named endothelial derived relaxing factor (EDRF). This vasodilator was later demonstrated to be NO (85-87). There are

various stimuli that can act on the endothelial cells to cause relaxation of vascular smooth muscle and therefore vasodilation. A few stimuli, such as adenosine, histamine (via  $H_2$  receptors), and atrial natriuretic peptide, cause vasodilation independent of the endothelium whereas acetylcholine, substance P, vasoactive intestinal peptide, histamine, bradykinin, and some other vasodilators act via endothelium by causing the release of NO (88). Many additional endothelium-derived vasodilator and vasoconstrictor players have also been identified (i.e., prostaglandin  $H_2$ , endothelin-1, and the endothelium-derived hyperpolarizing factor), but none of these molecules play such a crucial role in the regulation of vascular tone and homeostasis as NO. The fluid shear stress (shear stretch) exerted on the endothelium by the flowing blood is the main stimulus for a continuous synthesis of NO *in vivo* (89-90). Changes in shear stress are detected by the stretch receptors on endothelial cells, which are connected to the endothelial cytoskeleton by cell membrane adaptor proteins (i.e., integrins). Activation of the endothelial cytoskeleton results in the release of NO from endothelial cells that diffuses to the vascular smooth muscle cells and induces vasodilation and increased blood flow.

Nitric oxide, with a chemical formula of NO, is a small gas molecule under ambient conditions. It is extremely labile, with a half-life of only about 3–5 seconds, after which it is oxidized into nitrites and nitrates by water or oxygen (91). NO is also highly lipophilic and readily diffusible, and therefore can diffuse and traverse multiple cell membranes to reach its numerous targets, making it an ideal signaling messenger. The known repertoire of NO functions in physiologic and pathological processes has steadily increased in recent years along with a better understanding of its diverse biochemical targets (91-92). NO interacts with various types of protein bound metal centers and has a

susceptibility to interact with cysteine thiol groups and other nucleophilic amino acids, such as tyrosine residues in a process called nitrosation. It also has several molecular targets, which upon interaction can modulate gene expression, mRNA stability and translation, as well as intracellular signaling (93).

NO relaxes smooth muscle by stimulating the synthesis of cGMP (cyclic guanosine monophosphate) (94). It augments cGMP levels by interacting with the heme-containing soluble guanylate cyclase (sGC) (95-96), displacing the iron from the plane of the heme molecule (97). This interaction leads to sGC structural change and activation, resulting in increased intracellular cGMP production (98). Subsequent events include the activation of calcium activated potassium channels (99), activation of cGMP-dependent protein kinases (100), and decreases in cytosolic calcium ( $\text{Ca}^{2+}$ ) concentration in cardiac and endothelial smooth muscle cells via alterations in calcium transporter function (101-103). The final result of these events is decreased phosphorylation of myosin light chain, resulting in smooth muscle relaxation (104).

The mechanism of action of most pharmacologically useful vasodilators involves either direct release of NO or indirect metabolism of nitrates to NO (105). Nitroglycerin and the organic nitrates, which are potent treatments of cardiac angina, act by stimulating guanylate cyclase after they are converted to NO, resulting in blood vessel relaxation (106-107). In contrast, when various derivatives of arginine that inhibit NO synthase are administered to humans (108-109) or experimental animals (110-112), they result in a rapid rise in blood pressure, suggesting that NO plays a direct role in the regulation of blood pressure. NO is also involved in vascular remodeling and angiogenesis, and has been implicated in atherosclerosis, a pathological damage of endothelium resulting in

stroke. NO can inhibit blood clotting by preventing platelet aggregation (113-115) and adhesion (116-117). Moreover, NO is thought to play a key role in diffusion across endothelium as it has been shown to regulate focal adhesion integrity via FAK (focal adhesion kinase) phosphorylation in endothelial cells, which is important in the regulation of tight junction and of macromolecule transport across endothelium (118). NO has also been suggested to interact with hemoglobin (Hb) when Hb is in the oxygen partial pressure ( $pO_2$ )-dependent allosteric transition, be carried away by the red blood cells, and then released in the relatively ischemic tissues (119). NO subsequently induces vasodilation in oxygen-poor loci, diverting blood flow and thus increasing oxygen delivery to where it is most needed (120). Abnormalities in this process are associated with sickle cell anemia (121).

In the immune system, NO plays a key role in mediating the bactericidal and tumoricidal actions of macrophages (79, 122-124). Inflammatory stimuli, such as endotoxin, stimulate the production of very large amounts of NO by the inducible NO synthase (iNOS), enabling macrophages to kill tumor cells and bacteria. Besides killing bacteria, NO also can inhibit viral replication (125-126).

In the central nervous system (CNS), beginning with influential works of Garthwaite (127-128) and Snyder (129-131), NO has been identified as an important messenger molecule (132-136). The brain is capable of synthesizing NO (137-139). NO has been proposed to mediate neuronal plasticity, which underlies both development and information storage in the brain, by potentiating neurotransmitter release (91). NO signaling in the CNS appears to be essential for two forms of neuronal plasticity: 1) long-term depression (LTD) in the cerebellum (138) and 2) long-term potentiation (LTP) in

the hippocampus (140). Via its regulation of synaptic plasticity and neurotransmitter release, NO contributes to brain development, memory formation, and behavior (91). Excess levels of NO are neurotoxic and have been implicated in stroke and other neurodegenerative diseases *in vivo* (141).

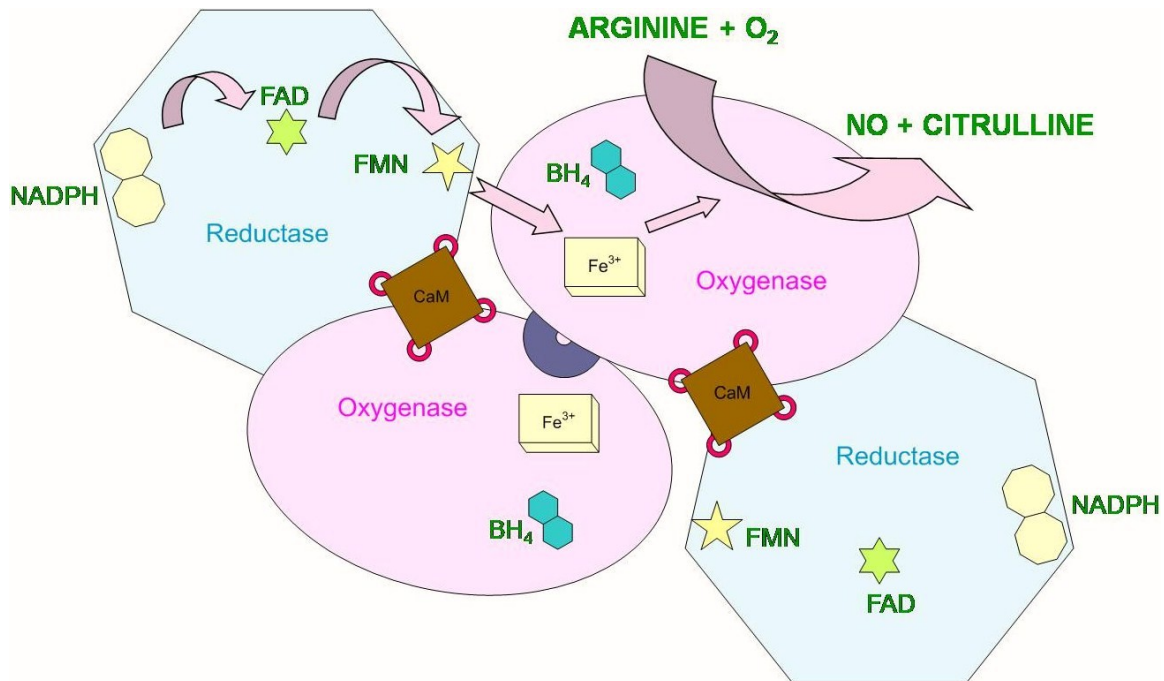
### **Nitric Oxide Synthase**

The specific action of NO depends on its enzymatic source, namely the nitric oxide synthase (NOS) enzyme family. Because NO cannot be released, stored, or inactivated by conventional regulatory mechanisms, NOS is one of the most highly regulated enzymes in biology. There are four major isoforms of NOS named after the tissue, cell source, and the order of which the isoform was characterized: 1) neuronal NOS (nNOS or NOS-1) (130, 142-143), 2) inducible NOS (iNOS or NOS-2) (144-147), 3) endothelial NOS (eNOS or NOS-3) (148), and, more recently, 4) mitochondrial NOS (mtNOS) (149-152).

All NOS isoforms are self-sufficient enzymes with two main functional domains fused into a single polypeptide (153). The C-terminal reductase domain contains the binding sites for NADPH (nicotinamide adenine dinucleotide phosphate), FAD (flavin adenine dinucleotide), and FMN (flavin mononucleotide). The N-terminal catalytic or oxygenase domain binds the redox cofactor, tetrahydrobiopterin (BH<sub>4</sub>), the heme prosthetic group, and the substrates L-arginine and oxygen (O<sub>2</sub>). This architecture is similar to that of cytochrome P-450BM-3 (154). Two NOS peptides dimerized in a head-to-tail manner (Fig. 1.2) to ensure proper transfer of electrons from the reductase domain of one monomer to the oxygenase domain of the second monomer (155).

Figure 1.2

The structure of nitric oxide synthase (NOS) dimer. Arrows indicate the reaction mechanism of NO synthesis by the enzyme.





NOS oxidizes the guanidine group of L-arginine, in the presence of NADPH and  $O_2$ , and in a process that consumes five electrons to produce NO with stoichiometric formation of L-citrulline. Thus, L-N<sup>ω</sup>-substituted arginine analogs, such as L-N<sup>ω</sup>-methyl-arginine (L-NMA) and L-N<sup>ω</sup>-nitro-arginine (L-NNA), serve as NOS inhibitors (156). The catalysis process from arginine to NO takes two independent monooxygenase reaction steps. The first step is a two-electron oxidation of L-arginine to L-N<sup>ω</sup>-hydroxyarginine (LHA), utilizing 1 equivalents of NADPH and 1 equivalents  $O_2$ , and releasing one molecule of water (157-158). The reducing equivalents from NADPH are transferred through FAD to FMN and finally to the heme (159). This hydroxylation reaction is accelerated by  $BH_4$ , requires calmodulin (CaM) and  $Ca^{2+}$  as activators, and is blocked by carbon monoxide (CO) (157, 160-161). CaM is believed to facilitate the flow of electrons from the reductase domain to the monooxygenase domain and also from FAD to FMN (162). In the second step, one electron (or 0.5 equivalents of NADPH) is essential to form a second equivalent of reduced oxygen molecule (163), which then attacks the guanidine carbon of LHA to form a tetrahedral intermediate. This tetrahedral intermediate collapses to form the carbonyl group of L-citrulline with simultaneous expulsion of NO. The complete stoichiometry of NO synthesis by NOS therefore utilizes 1 mole of L-arginine, 1.5 moles of NADPH, and 2 moles of  $O_2$  and produces 2 moles of water, 1 mole of L-citrulline, and 1 mole of NO (164).

The involvement of  $BH_4$  and CaM is unique to NOS. The CaM/ $Ca^{2+}$  binding domain lies in the center of the enzyme. nNOS, eNOS, and mtNOS are expressed constitutively in mammals and their activities are regulated by CaM binding in a  $Ca^{2+}$  concentration dependent manner (165-166). Conversely, iNOS has CaM bound

permanently as an additional subunit and thus is not controlled by CaM binding nor it is  $\text{Ca}^{2+}$  concentration dependent, but is under transcriptional regulation instead (167).

The mammalian NOS enzymes are products of distinct genes located on different chromosomes but they exhibit about 50 to 60% sequence homology with each other (164). nNOS is 155 kDa and found in peripheral and central neurons, noncholinergic and nonadrenergic neurons, endometrium, pancreatic islets, skeletal and smooth muscle, neutrophils and epithelium (92, 168). It has four splice variants and accounts for the majority of physiologic processes attributed to NO in the nervous system (169). iNOS is a 125 kDa protein expressed in macrophages, NK cells, neutrophils, smooth muscle, liver, heart, endothelium and other cell types (168). It is crucial for immune function and is inducible in response to glucocorticoids, cytokines, which include IL-1, TNF- $\alpha$ , IFN $\gamma$ , and lipopolysaccharide (LPS), a bacterial cell-wall component that elicits symptoms of sepsis (170). eNOS is 125 kDa (168) and is the main isoform found in the endothelium. It is also found in smooth muscle, heart, brain, and other sites (168). mtNOS is 144-kDa and associates with the mitochondrial inner membrane (171). It produces NO to regulate mitochondrial respiration (172).

Unlike nNOS and iNOS, which are mainly cytosolic, eNOS is predominantly localized to the plasma membrane (148). eNOS bioactivity and mobilization to specific organelles are highly regulated by multiple posttranslational modifications, such as acylation and phosphorylation. eNOS is irreversibly myristoylated at its N-terminal glycine (173). Myristoylation targets the enzyme to the cell membrane, where it is doubly palmitoylated at the N-terminal cysteine residues 15 and 26, a modification that further anchors eNOS to the plasmalemmal caveolae of endothelial cells (174). The N-

myristoylation is sufficient and necessary for eNOS membrane association (175-176), palmitoylation (177-178), compartmentalization to the Golgi complex of cells, and most importantly, efficient NO synthesis (179). Palmitoylation is required for localization of eNOS in caveolae (180-181) and regulation of the frequency and magnitude of NO release *in vivo* in response to stimuli (182). In contrast to the myristoylation, palmitoylation and the consequential caveolar targeting are reversible and controllable as the thiopalmitoyl bonds are labile, hence creating an additional level of dynamic regulation of eNOS activity (183). Another dynamic control of eNOS involves various pathways of phosphorylation and dephosphorylation. eNOS phosphorylation is usually associated with its agonist-triggered translocation to the cytosol (184). eNOS has multiple phosphorylation sites, including Ser (Serine) 635 and Ser 1177, which are stimulatory, and Thr (Threonine) 495 and Ser 116, which are inhibitory (164). (Note that the numbering system refers to phosphorylation sites of human eNOS isoform.) The protein kinase Akt (protein kinase B) is a key enzyme that phosphorylates eNOS at Ser 1177 in response to agonists, resulting in eNOS released into the cytosol and activation at basal levels (185). Kinase Akt is activated by phosphoinositide-3-kinase (PI3K) (186), which in turn is activated by many eNOS agonists (i.e., vascular endothelial growth factor). eNOS Ser 635 represents a second stimulatory phosphorylation in response to basal stimuli, such as shear stress, and agonists downstream of protein kinase A (187). In contrast, phosphorylation of eNOS at Thr 945 inhibits enzyme activity by preventing CaM binding (188).

When eNOS is uncoupled from essential cofactors or is in the oxidized state, it produces superoxide ( $O_2^-$ ) instead of NO (189). This situation has been demonstrated in

diseases, such as atherosclerosis, hypertension, hypercholesterolemia, and diabetes (189-191).  $O_2^-$  and NO react rapidly, generating peroxynitrite ( $ONOO^-$ ), a potent oxidizing agent (192-194). This reaction further decreases NO availability while promoting lipid and protein oxidation (195).  $ONOO^-$  itself plays a crucial role in eNOS uncoupling (196) by oxidizing the essential cofactor  $BH_4$  to the inactive pterin, 7,8-dihydrobiopterin ( $BH_2$ ) and removing zinc from the zinc-thiolate cluster (197).

### **Dose-limiting Neuropsychiatric Toxicity of IL-2 Therapy**

When clinical cardiovascular toxicities of IL-2 are attenuated with pressor agents and fluid administration, the effective dose escalation of IL-2 therapy is further limited by the onset of neuropsychiatric toxicity. In data reported in 1987, a large percentage of patients were found to develop striking neuropsychiatric changes after the onset of IL-2 treatment, with 30–50% of patients experienced cognitive and behavioral changes (67). All of these patients returned to their baseline cognitive scores at follow-up. Based on our clinical experiences, perhaps as high as 40% of patients receiving IL-2 therapy have subtle neuropsychiatric changes, such as mental slowing or confusion, and approximately 10–20% of patients develop more severe manifestations, such as agitation, hallucinations, or delusions. IL-2 induced neuropsychiatric toxicity is the least predictable and treatable compared to the cardiovascular toxicities. Management is generally by holding further doses of IL-2 and allowing patients to recover spontaneously.

In 1989, a study was conducted to look at the effects of IL-2 in the brain of patients with extracranial cancer without evidence of intracranial metastases using  $T_2$ -weighted MRI before and after IL-2 therapy (198). The results suggested a massive

increase of cerebral water content after IL-2 therapy in both the gray matter ( $12.6 \pm 7.3\%$ ) and white matter ( $17 \pm 6.2\%$ ). However, the range of these measurements actually varied from 3–48% and only 3 out of these 7 patients were mildly lethargic, raising questions concerning the accuracy of these data. The magnitude of these apparent cerebral water content increases are far greater than the magnitude of VLS measured in any other organ or even compared to the overall weight changes in the intact IL-2 treated animals or patients (approximately 6–8%), and thus are difficult to believe.

Previous studies in animal models showed increased permeability of horseradish peroxidase into the brain of cats and rats after a single bolus intravenous injection of recombinant IL-2, suggesting that IL-2 disrupted the blood-brain barrier (BBB) and cerebrovascular morphological integrity (199-200). Another study in a rat gliosarcoma model suggested that IL-2 increased the permeability of carbon-14-labeled aminoisobutyric acid from the BBB into the brain of tumor-bearing rat brains, but not in normal brains (201). Since tumors are known to have abnormal blood vessel permeability and accordingly could have contributed to the increased brain edema following IL-2 treatment, the significance of this finding is uncertain.

The pathophysiology of IL-2 induced neuropsychiatric toxicity therefore remains poorly understood to date. Further efforts to study this toxicity have been limited by the availability of suitable experimental techniques and the technical challenges of performing dynamic contrast enhanced (DCE) MRI (magnetic resonance imaging) studies in critically ill patients, who normally are hospitalized in the ICU (intensive care unit). It would be quite difficult to perform DCE MRI studies once these patients display neuropsychiatric toxicity (delirium) as they are frequently receiving intravenous pressor

agents, intubated, and would not be stable enough to undergo lengthy MRI scans. Additionally, the gadolinium-based contrast agent used for DCE MRI may have an adverse effect for IL-2 treated patients, who usually develop a certain degree of acute renal dysfunction, as this agent has been shown to be associated with the development of nephrogenic fibrosing dermopathy (NFD) and nephrogenic systemic fibrosis (NSF) in patients with kidney dysfunction (202-204).

It is likely that the “cytokine storm” released following IL-2 therapy induces changes in brain microvasculature, such as vascular leak and brain edema, which correlate to changes in the CNS function and thus trigger neuropsychiatric toxicity. Therefore, development and evaluation of a number of potential experimental methods to quantify changes on the brain blood vessels in a well-characterized IL-2 treatment murine model (83, 205) are required to delineate IL-2 induced neuropsychiatric toxicity. Once successful assays have been identified, the mechanisms of this toxicity can be determined. The role of NO and superoxide, the major players in systemic IL-2 induced VLS and hypotension, respectively, in IL-2 induced CNS changes is currently unknown. Detailed understanding of the mechanisms by which IL-2 induces neuropsychiatric toxicity will be useful in identifying possible pharmacologic inhibitors of this process to be used in patients, which may enable dose escalation of IL-2 treatment to achieve the effective high dose. In addition, this knowledge may also be broadly applicable to other conditions that give rise to an inflammatory “cytokine storm,” such as clinical administration of cytokines IL-1, TNF, and IFN $\gamma$ , as well as endotoxin and bacterial sepsis syndromes.

## Sepsis

A potential implication of this study in other area of Biology is sepsis. Sepsis is a clinical syndrome characterized by a systemic response to an infection. There are roughly 750,000 cases of sepsis annually in the United States (206-207). It is the leading cause of death among hospitalized patients in noncoronary ICU (208-209), causing an estimated 215,000 deaths (9.3% of all deaths) in the United States and considerable morbidity, health care utilization, and cost (210). At the initial stages of sepsis, patients develop very similar clinical symptoms to the side effects of IL-2 therapy, particularly hypotension, VLS, and delirium (neuropsychiatric toxicity) (69). This is also associated with a very similar inflammatory “cytokine storm” (211-213). However, as sepsis progresses, patients experience irreversible organ failure, with a high incidence of acute tubular necrosis and irreversible hypotension, leading to death. In contrast, IL-2 dose limiting toxicities are reversible (i.e., complete resolution of renal function changes) following completion of IL-2 therapy and therefore may provide useful to model the early cardiovascular and neuropsychiatric effects of sepsis.

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## CHAPTER 2

# QUANTITATIVE ANALYSIS OF CYTOKINE-INDUCED VASCULAR TOXICITY AND VASCULAR LEAK IN THE MOUSE BRAIN

### Abstract

A storm of inflammatory cytokines is released during treatment with pro-inflammatory cytokines, such as interleukin-2 (IL-2), closely approximating changes initially observed during sepsis. These signals induce profound changes in neurologic function and cognition. Little is known about the mechanisms involved. We evaluated a number of experimental methods to quantify changes in brain blood vessel integrity in a well-characterized IL-2 treatment mouse model. Measurement of wet versus dry weight and direct measurement of small molecule accumulation (e.g. [ $^3\text{H}$ ]- $\text{H}_2\text{O}$ , sodium fluorescein) were not sensitive or reliable enough to detect small changes in mouse brain vascular permeability. Estimation of brain water content using proton density magnetic resonance imaging (MRI) measurements using a 7 T mouse MRI system was sensitive to 1-2% changes in brain water content, but was difficult to reproduce in replicate experiments. Successful techniques included use of immunohistochemistry using specific endothelial markers to identify vasodilation in carefully matched regions of brain parenchyma and dynamic contrast enhanced (DCE) MRI. Both techniques indicated that IL-2 treatment induced vasodilation of the brain blood vessels. DCE MRI further showed a 2-fold increase in the brain blood vessel permeability to gadolinium in IL-2 treated mice compared to controls. Both immunohistochemistry and DCE MRI data suggested that IL-2 induced toxicity in the brain results from vasodilation of the brain blood vessels and increased microvascular permeability, resulting in perivascular edema. These experimental techniques provide us with the tools to further characterize the mechanism responsible for cytokine-induced neuropsychiatric toxicity.

## Introduction

Cytokines are important signaling proteins secreted by cells to regulate the immune system. Interleukin-2 (IL-2) is a 15 kDa cytokine which activates lymphocytes via its well-characterized heterotrimeric receptor (1-2). IL-2 plays an important role in the development of cell-mediated immunity (3). In the presence of properly processed and presented antigenic peptides, low concentrations (10-100 IU/ml) of IL-2 are essential for the activation of cytolytic lymphocytes and their clonal expansion (4). Additionally, when murine or human lymphocytes are exposed to high concentrations of IL-2 (> 600 IU/ml) over 3-4 days either *in vitro* or *in vivo*, IL-2 rapidly activates a population of cytotoxic lymphocytes called lymphokine-activated killer (LAK) cells (5). LAK cells are termed “non-specific” killer cells as their cytotoxicity does not require antigen presentation in the context of self-MHC on target cells nor is it tumor-specific. LAK cells demonstrate cytotoxicity against almost all freshly isolated and cultured malignant cells (6-7), including multidrug-resistant tumor cells (8).

Activation of lymphocyte cytotoxicity against tumor cells *in vitro* by IL-2 led to evaluation of this cytokine as an anti-cancer therapy. In preclinical studies, concomitant IL-2 and LAK cells administrations on tumor-bearing mice resulted in regression of lung and liver metastases (9-10). Tumor regression in experimental mice was associated with prolonged survival (11-12). In clinical studies, high-dose i.v bolus IL-2 treatment induced 5-7% complete and 10-15% partial responses in patients with malignant melanoma and metastatic renal cell carcinoma (13-14). Approximately 60% of complete responses to high-dose IL-2 proved durable, with up to 20 years of follow-up (15).

Currently, IL-2 therapy is FDA approved for treatment of metastatic renal cell (RC) carcinoma and melanoma. IL-2 remains the only agent that can induce durable complete remissions of metastatic RC in approximately 5% of patients. Despite the dramatic increase in treatment options for metastatic RC in the past 4 years, including agents that inhibit vascular endothelial growth factor (VEGF) and mammalian target of rapamycin (mTOR) pathways (16), these agents predominantly induce disease arrest, requiring ongoing administration of expensive drugs to maintain a response. At the present time, IL-2 also remains the only clinically available remission-inducing agent for treatment of metastatic melanoma.

IL-2 therapy strongly induces synthesis of inflammatory cytokines termed a “cytokine storm” (17). These secondarily released cytokines, which include IFN- $\gamma$ , tumor necrosis factor (TNF $\alpha$ , TNF $\beta$ ), IL-1 $\alpha$ , IL-1 $\beta$ , IL-5, and IL-6 (18-21) reach high levels in patient serum and are believed to trigger severe toxicities during IL-2 treatment. This pattern of cytokine secretion has strong similarities to the “cytokine storm” elicited by bacterial endotoxin (22-24). These secondarily released cytokines may also contribute to the therapeutic response to IL-2, as high dose steroids block IL-2 toxicity but also abrogate the therapeutic effectiveness of this agent (25).

The major dose-limiting toxicities of IL-2 are vascular leak syndrome (VLS) and hypotension. IL-2 induced VLS is generalized and dose dependent, characterized by loss of intravascular fluid into interstitial tissues. VLS is associated with marked fluid retention (weight gain), reversible renal dysfunction, and noncardiac pulmonary edema (26). IL-2 induced hypotension is due to a marked decrease in systemic vascular resistance, resulting in hypoperfusion of vital organs, such as heart and kidneys (27), in

conjunction with VLS and intravascular volume depletion. It has also been recognized that reversible neuropsychiatric toxicity represents the third IL-2 dose-limiting toxicity. Denicoff et al. showed that there were striking neuropsychiatric changes in the majority of patients after the onset of IL-2 treatment, with 30-50% of patients experienced severe behavioral and cognitive changes (28). All patients returned to their baseline cognitive scores at follow-up (28). It should be noted that the pattern of hypotension, VLS, and delirium following IL-2 therapy in patients appears very similar to the clinical presentation of patients who have severe bacterial infection and septic shock (27). The major apparent difference is the complete resolution of renal function changes following completion of IL-2 therapy, unlike the high incidence of acute tubular necrosis during septic shock. It has become increasingly clear that even if hypotension and VLS can be attenuated, dose limitations related neuropsychiatric toxicity prevent effective IL-2 dose escalation.

To date, the effects of inflammatory cytokines that trigger neuropsychiatric toxicity in the brain are not well understood. Moreover, technical challenges exist to study these effects after 4-5 days of IL-2 treatment (similar to treatment sequence used in human patients). Studies in patients and animal models have suggested that brain edema could play a role (29-32). However, Alexander et al. suggested that IL-2 induced brain edema occurred predominantly in tumor-bearing rat brain but not in normal brain (30). Since tumors are known to have abnormal blood vessel permeability, it is strongly believed that this could result in increased brain edema following IL-2 treatment. We therefore evaluated a number of potential approaches to more directly evaluate cytokine

effects on the non-tumor bearing central nervous system (CNS) using IL-2 treatment as a model in a well-characterized murine system (33-34).

## Materials and Methods

**Mice.** Pathogen-free C3H/HeN mice were obtained from Charles River Laboratories. Mice were maintained under guidelines established by the Institutional Animal Care and Use Committee (IACUC). The IACUC also approved all the animal experimental protocols. Mice were age- and sex-matched in each experiment.

**IL-2 treatment.** IL-2 treated mice received 150,000 IU of IL-2 (Aldesleukin Proleukin®; Novartis, Emeryville, CA) in 0.2 ml PBS (phosphate buffered saline) intraperitoneally (i.p.), b.i.d. (twice a day) for 5 days (10 doses total) in all experiments, except in experiments using MRI. For MRI studies, mice received 8 doses of 150,000 IU of IL-2 in 0.2 ml PBS i.p., b.i.d. (4 days). Control mice received no treatment, except in wet versus dry brain weight experiments, where control mice were treated with an equivalent volume of PBS (without IL-2).

**Comparison of wet versus dry brain weight.** Brains were harvested from each IL-2 treated and control mouse after 5 days of IL-2 and PBS treatment, respectively. Each brain was weighed before and after drying by Heto vacuum centrifuge (ATR, Laurel, Maryland) overnight in 60°C. The water content of the brain was calculated as:

$$\% \text{ tissue water} = \frac{\text{wet weight} - \text{dry weight}}{\text{wet weight}} \times 100.$$

**[<sup>125</sup>I]-labeled albumin extravasation in the mouse brain.** Approximately 100,000 counts per minute (cpm) of [<sup>125</sup>I]-labeled albumin (specific activity 1-5 µCi/µg) in 100 µl PBS was injected intravenously (i.v.) into the tail veins of mice 2 h after the last

dose of IL-2. Mice were sacrificed 6 h after the last dose of IL-2 and the brains excised. Each brain was analyzed for albumin accumulation. Data was calculated as follow:

$$\% \text{ cpm} = \frac{\text{brain cpm} \times 100\%}{\text{total cpm recovered from the mouse}}.$$

**Tritiated water ( $[^3\text{H}]\text{-H}_2\text{O}$ ) extravasation as a potential marker of IL-2 induced VLS.** IL-2 treated or control mice were injected with approximately 300,000 cpm of  $[^3\text{H}]\text{-H}_2\text{O}$  in 100  $\mu\text{l}$  PBS i.v. into the tail vein 2 h after the last dose of IL-2 or no treatment (control). Mice were then sacrificed at 4, 12, or 18 h after  $[^3\text{H}]\text{-H}_2\text{O}$  injection. The brain was harvested from each mouse, weighed, and homogenized in 1 ml PBS using Tissumizer (Tekmar, Cincinnati, OH). The homogenate (100  $\mu\text{l}$ ) was added into 2 ml scintillation fluid and quantified in a scintillation counter. To correct for tissue quenching, 100  $\mu\text{l}$  brain homogenate from a normal mouse was directly mixed with 300,000 cpm  $[^3\text{H}]\text{-H}_2\text{O}$  in 100  $\mu\text{l}$  PBS and 2 ml scintillation fluid, and quantified in a scintillation counter. The cpm recovered was expressed as percentage of 300,000 cpm and was used to correct the apparent cpm from the IL-2 treated and control mouse brain homogenates. The  $[^3\text{H}]\text{-H}_2\text{O}$  extravasation in each brain homogenate of IL-2 and control mice was expressed as cpm per gram tissue as follow:

$$\text{cpm/gram tissue} = \frac{\text{homogenate cpm} \times 100\%}{\% \text{ cpm recovered (quenching)} \times \text{tissue weight (g)}}.$$

**Sodium fluorescein extravasation in mouse pleural fluid, lungs, and brain as an indicator of VLS.** IL-2 treated or control mice were injected with 1.5 mg fluorescein sodium salt (NaFl; Sigma-Aldrich, St. Louis, MO) in 100  $\mu\text{l}$  PBS i.v. via tail vein, 4 h after the last dose of IL-2. The mice were sacrificed 10 min after NaFl injection. The pleural fluid from IL-2 treated mice was collected and the volume was measured. Since

control mice did not have detectable pleural fluid, the thoracic cavity was irrigated with 500  $\mu$ l PBS, which was collected. The lungs and brain were also harvested and were homogenized in 1 ml PBS each, using Tissumizer (Tekmar, Cincinnati, OH). After centrifugation for 5 min, 100  $\mu$ l of each homogenate was added in triplicate into a 96-well plate. Also in triplicate, 100  $\mu$ l of the pleural fluid from each mouse was transferred into another 96-well plate. Plates were read using a Synergy 2 microplate reader (BioTek Instruments, Winooski, Vermont) at 519 nm emission and 495 nm excitation wavelengths. For the pleural fluid, the fluorescence was quantified using a standard curve and multiplied by the total volume recovered to calculate the total amount of NaFl (in  $\mu$ g) that leaked into the pleural fluid. In lung or brain homogenates, the fluorescence was corrected for tissue quenching and quantified using a standard curve. Data were expressed as  $\mu$ g NaFl/organ based on the total volume of homogenate.

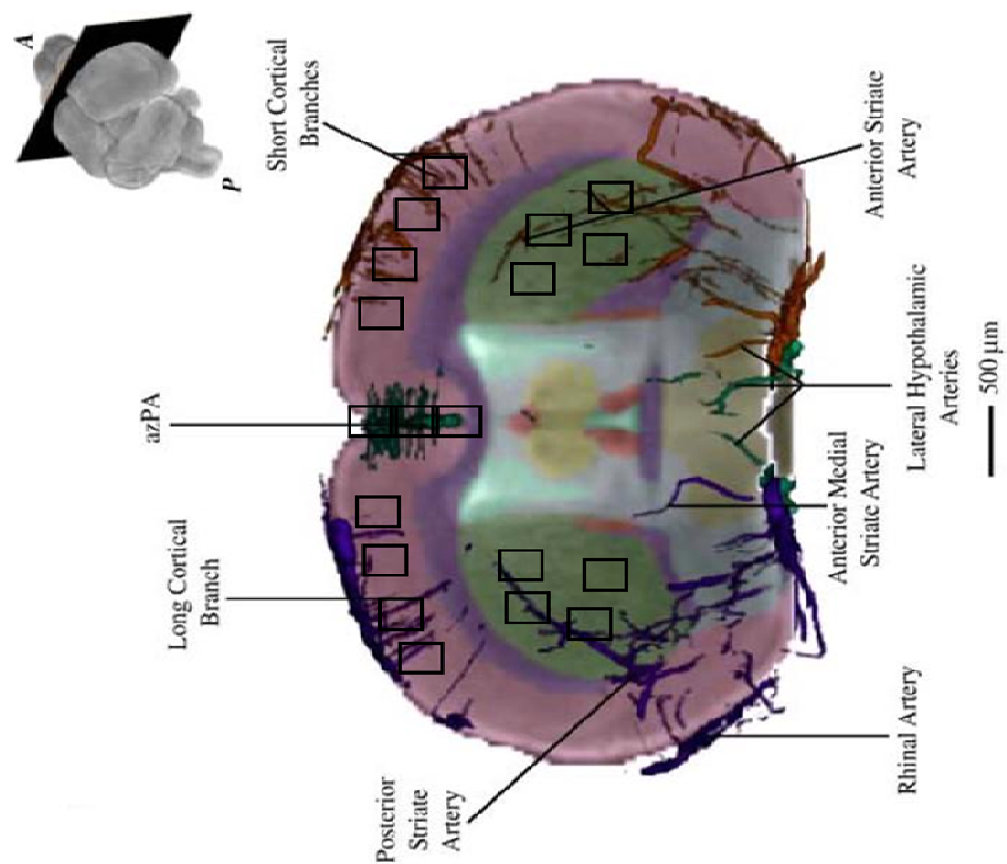
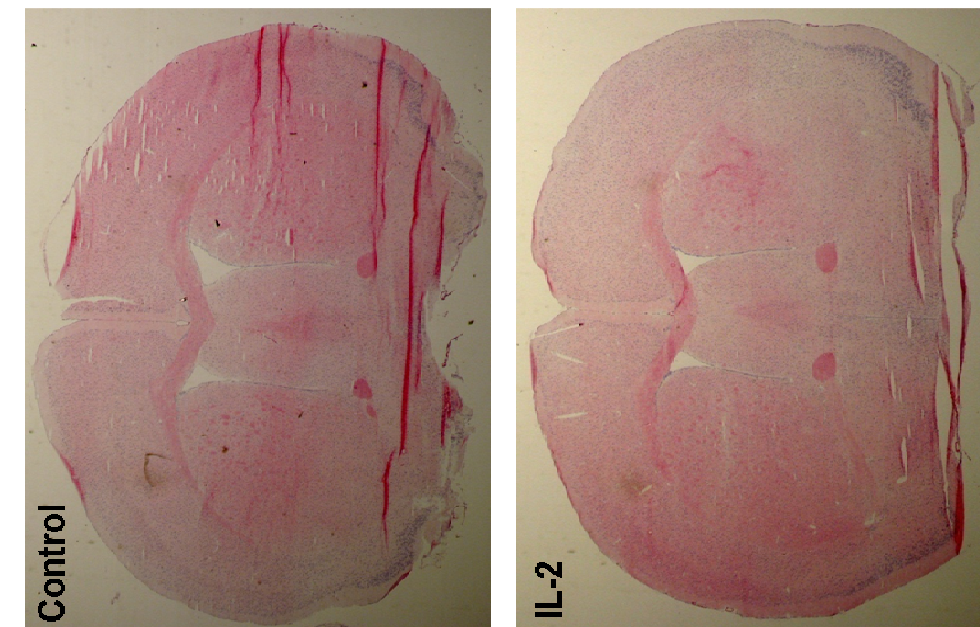
#### **Evaluation of brain blood vessel morphology using immunohistochemistry.**

Brains were excised from IL-2 treated or control mice. Each brain was embedded in Tissue-Tek O.C.T. Compound (Ted Pella, Redding, CA) and frozen at -20 °C overnight before sectioning. Matched sections (6  $\mu$ m) of the mid-brain (Fig. 2.1) were dual-stained with Isolectin GS-IB<sub>4</sub> (Iso-B4) from *Griffonia simplicifolia*, conjugated to Alexa Fluor® 568 (Molecular Probes, Eugene, OR) and rabbit anti-human von Willebrand Factor (vWF; Sigma-Aldrich, St. Louis, MO), followed by a secondary Dichlorotriazinyl-aminofluorescein (DTAF)-conjugated donkey anti-rabbit IgG (Jackson ImmunoResearch Laboratories, West Grove, PA). Digital images of 20 specific regions of interest (4 different areas in the left cortex, right cortex, left striatum, right striatum, and the cerebral fissure; Fig. 2.1) in the stained brain sections were acquired using Olympus BX51



Figure 2.1

Cross section drawing of the mouse mid-brain section, which includes the cortex and striatum anatomic regions, derived from Dorr et al. (35). Inset figure represents the position at which the tissue slice was taken (Bregma 0.62-0.38 mm). The drawing shows the name of major cerebral vasculature structures found in the specific section. azPA = azygos pericallosal artery. Boxes show the locations of 19-20 digital images obtained from each section for vessel analysis. On the right are representative sections from the control and IL-2 treated mice, which were matched as closely as possible to the drawing on the left, stained with hematoxylin and eosin. These representative sections are located right by the sections used in the immunohistochemistry experiment.



fluorescent microscope mounted with Olympus DP70 camera. Using ImageJ software (National Institutes of Health, NIH), the blood vessels (dual stained tubular structures) in each digital image were manually outlined and analyzed for the total number and average size of vessels.

**Evaluation of brain water content using MRI proton density measurements.**

MRI was performed using a Bruker 7T/20 scanner, a 3.5 cm ID (inner diameter) quadrature transceiver coil, and a 7 cm ID unshielded gradient. Mice were anesthetized by i.p. injection of 80 mg/kg ketamine (Vetalar®; Aveco, Fort Dodge, IA) and maintained inside the magnet using isoflurane (Attane™; Minrad, Bethlehem, PA) inhalational anesthesia as required. Mouse temperature inside the magnet was maintained using a circulating warm water system. Each mouse was scanned both before and after IL-2 treatment. Proton density MRI was sequenced using a Fast Spin Echo sequence with a repetition time (TR) of 24 s, an echo time (TE) of 7.5 ms, and an echo train length of 4. Slice thickness was 1 mm, field of view was 2x2 cm<sup>2</sup>, and matrix size was 256x192 pixels. The slice thickness and matrix size were optimized to detect proton density changes in the mouse brain of > 1%. The total scan time was 14 min and 24 s. Regions of interest (ROIs) were drawn manually on matched pre- and post-IL-2 mouse's brain DICOM (Digital Imaging and Communications in Medicine) images using OsiriX imaging software (<http://www.osirix-viewer.com/>). The signal intensity (SI) of each brain slice was normalized using a set of phantoms (60-100% H<sub>2</sub>O/D<sub>2</sub>O in 10% increment) and expressed as the percentage of proton density (%PD). We averaged the %PD over 8 MRI brain image slices for each mouse and compared the average %PD before and after IL-2 treatment.

**Dynamic contrast enhanced (DCE) MRI.** The MRI system and anesthesia were described above. Each mouse was scanned before and after IL-2 treatment, serving as its own control. Prior to imaging, the tail vein of each mouse was catheterized using a 30-gauge needle connected to an approximately 1 m long, 0.28 mm ID tube pre-filled with heparinized PBS (approximately 100  $\mu$ l). DCE-MRI was performed using 2D-FLASH (Fast Low-Angle Shot): TR = 93.5 ms, TE = 3.1 ms, flip angle = 30 °, FOV = 2 x 2 cm, matrix = 128 x 128, slice thickness = 1 mm, number of slices = 11, single scan time = 9 s, number of repetitions = 54. After the first 5 repetitions, 0.1 mmol/kg contrast agent (gadobenate dimeglumine; MultiHance®, Bracco) was administered by bolus injection via the catheter. Customized MATLAB programs (The MathWorks, Natick, MA) were used to calculate the SI of the whole brain ROI in matched mid-brain sections of pre- and post-IL-2 DICOM images. The signal intensities of the left and right maxillary veins were averaged to derive the contrast agent concentrations in the blood pool. The average SI of ROI before contrast agent injection was used as the baseline and subtracted from all SI after contrast agent injection to calculate the increase in SI ( $\Delta$ SI).  $\Delta$ SI was assumed to be proportional to the change in contrast agent concentration when a low concentration of contrast agent was used (36). A two-compartment model was originally developed by Shames et al. (36) to characterize tumor vasculature and adapted by Feng et al. (37) to calculate the tumor fractional plasma volume ( $f^{PV}$ ), endothelium transfer coefficient ( $K^{PS}$ ), and permeability surface area product (PS). This method was similarly used to characterize the brain microvasculature.

**Statistical analysis.** All data are expressed as mean  $\pm$  standard error of the mean (SEM). Statistical analyses on MRI data were performed by paired Student's 2-tailed t-

test using GraphPad PRISM software (GraphPad Software, La Jolla, CA). The immunohistochemistry data were analyzed using 2-factor analysis of variance (ANOVA) with a blocking factor for region of the brain. All the other data were analyzed using 2-sample Student's 2-tailed t-test. A p-value  $\leq 0.05$  was considered significant.

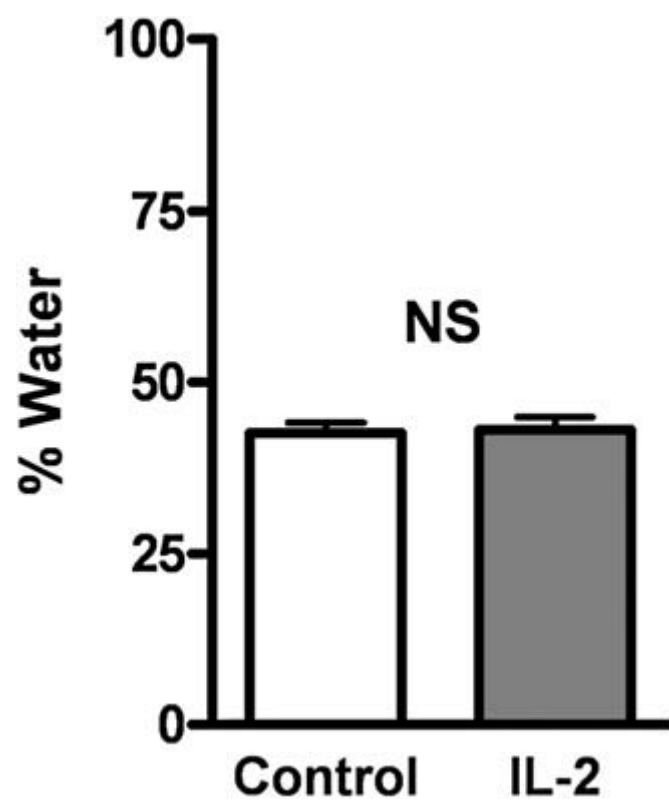
## Results

**Comparison of wet versus dry brain weight in IL-2 treated mice.** Difference in wet versus dry tissue weight is assumed to be approximately the volume of interstitial fluid in the tissue. It was not certain whether this technique was sensitive enough to detect the small fluid shifts that were likely in the mouse brain related to cytokine treatment. We excised brains from IL-2 treated or control mice (treated with an equivalent volume of PBS) after 5 days of treatment and weighed each brain before and after drying by speed vacuum. The average brain water content of IL-2 treated mice was  $43.05 \pm 1.84\%$  of the wet weight while the control mice had a mean brain water content of  $42.6 \pm 1.524\%$  ( $p = 0.85$ ; Fig. 2.2). It became clear from these results that this method lacked sensitivity to identify relatively small changes in the brain water content of mice related to IL-2 treatment.

**[ $^{125}\text{I}$ ]-labeled albumin extravasation in the mouse brain.** Radioactive labeled [ $^{125}\text{I}$ ]-bovine serum albumin has often been used to study IL-2 induced VLS in mice tissues (38). However, it had not been quantified as a VLS marker in the mouse brain. To test this, we injected IL-2 treated or control mice with [ $^{125}\text{I}$ ]-labeled albumin bolus via tail vein. After 4 h, mice were sacrificed and the brains excised. The amount of [ $^{125}\text{I}$ ]-labeled albumin recovered in the brain was quantified and expressed as a percentage of the total

Figure 2.2

Direct comparison of wet versus dry brain weight from IL-2 treated mice. Brains were excised from IL-2 treated and control mice ( $n = 9$ ). Each mouse brain was weighed before and after drying in a vacuum centrifuge overnight in  $60^{\circ}\text{C}$ . The wet and dry weight difference was expressed as a percentage of wet weight. Error bars represent SEM. The result was not significant (NS),  $p > 0.05$ .



amount of [ $^{125}\text{I}$ ]-labeled albumin recovered from the mouse. Analysis of [ $^{125}\text{I}$ ]-labeled albumin accumulation in the brain showed no significant increase following IL-2 treatment ( $p = 0.17$ ; Fig. 2.3). The amount of [ $^{125}\text{I}$ ]-labeled albumin recovered from the brain of IL-2 treated mice was  $0.2172 \pm 0.04\%$  while the control mice had  $0.1364 \pm 0.04\%$ . The small percentage of [ $^{125}\text{I}$ ]-labeled albumin recovered from the mouse brain demonstrated that this method also lacked the sensitivity to measure a small increase in [ $^{125}\text{I}$ ]-labeled albumin extravasation in the mouse brain induced by IL-2.

**Tritiated water ( $[^3\text{H}]\text{-H}_2\text{O}$ ) extravasation as a potential marker of IL-2 induced VLS.** We hypothesized that vascular leak in the brain should correlate with the ability of water molecules ( $\text{H}_2\text{O}$ ) to cross the BBB. To test [ $^3\text{H}$ ]- $\text{H}_2\text{O}$  as a potential marker of IL-2 induced fluid shifts in the mouse brain, IL-2 treated or control mice were injected with [ $^3\text{H}$ ]- $\text{H}_2\text{O}$  bolus via tail vein. At specified times, mice were sacrificed and the brain excised. Each brain was weighed and homogenized. The homogenate was quantified in a scintillation counter, and corrected for quenching of counts by tissue homogenate. At 4 and 12 h after the last IL-2 dose, significant [ $^3\text{H}$ ]- $\text{H}_2\text{O}$  retention in the brain of IL-2 treated mice could not be detected compared to the control mice (Fig. 2.4). At 4 h after the last IL-2 dose, there were  $787.3 \pm 36.48$  cpm [ $^3\text{H}$ ]- $\text{H}_2\text{O}/\text{g}$  brain in the IL-2 treated mice compared to  $742.7 \pm 17.39$  cpm [ $^3\text{H}$ ]- $\text{H}_2\text{O}/\text{g}$  brain in the control mice ( $p = 0.332$ ). By 12 h, there were  $713 \pm 37.29$  cpm [ $^3\text{H}$ ]- $\text{H}_2\text{O}/\text{g}$  brain in the IL-2 treated mice and  $653.5 \pm 24.28$  cpm [ $^3\text{H}$ ]- $\text{H}_2\text{O}/\text{g}$  brain in the control mice ( $p = 0.2024$ ). There was a trend toward increased [ $^3\text{H}$ ]- $\text{H}_2\text{O}$  retention in the brain of IL-2 treated mice at 18 h ( $810.8 \pm 70.82$  cpm [ $^3\text{H}$ ]- $\text{H}_2\text{O}/\text{g}$  brain) compared to the control mice ( $552 \pm 24.03$  cpm [ $^3\text{H}$ ]- $\text{H}_2\text{O}/\text{g}$  brain),  $p = 0.003$  (Fig. 2.4). Despite use of syngeneic mice and a precisely timed



Figure 2.3

Evaluation of IL-2 induced vascular leak in the brain using [ $^{125}\text{I}$ ]-labeled albumin. Mice ( $n = 6$ ) were injected with approximately 100,000 cpm of [ $^{125}\text{I}$ ]-labeled albumin in 100  $\mu\text{l}$  PBS via tail vein 2 h after the last dose of IL-2 or no treatment (control). After 4 h, mice were sacrificed, the brains excised and analyzed for [ $^{125}\text{I}$ ]-labeled albumin accumulation. The results were expressed as percentage of radiolabeled albumin recovered from the brain with the total amount recovered from the animal.

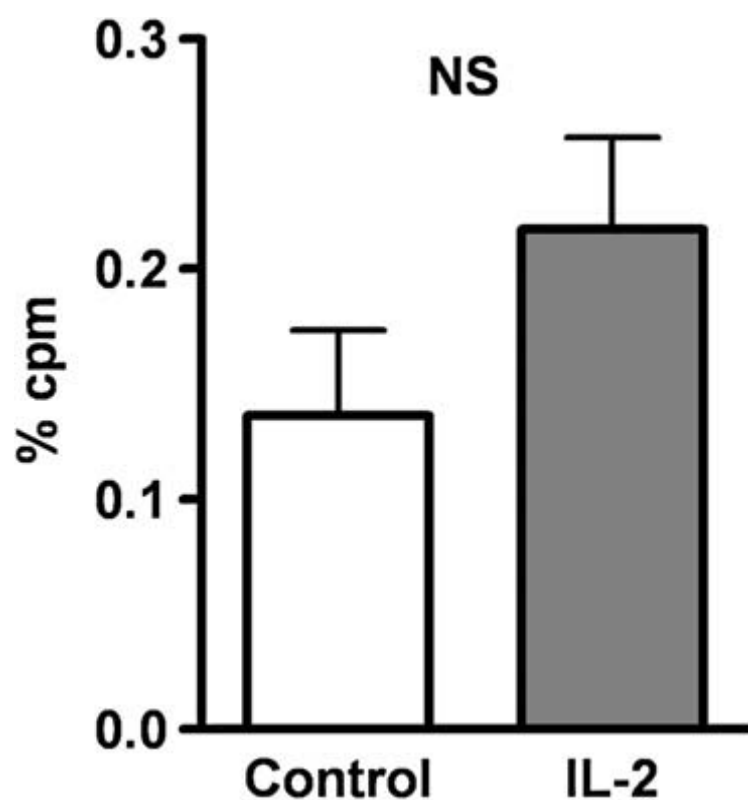
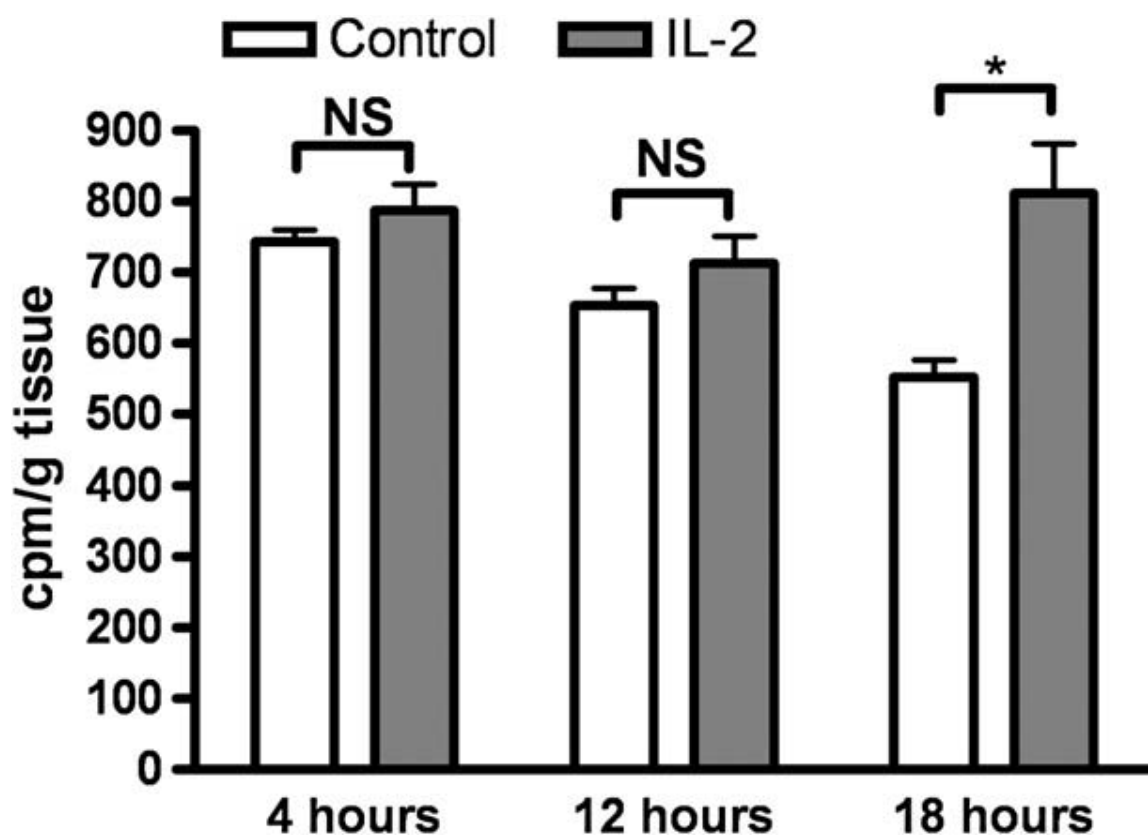


Figure 2.4

Evaluation of changes in brain water content using tritiated water ( $[^3\text{H}]\text{-H}_2\text{O}$ ). Two hours after the last IL-2 dose or no treatment (control), mice (n = 3 at 4 h, n = 8 at 12 and 18 h) were injected with ~300,000 cpm  $[^3\text{H}]\text{-H}_2\text{O}$  in 100  $\mu\text{l}$  PBS via tail vein. The brain was harvested from each cohort of control and IL-2-treated mice at the specified time (4 h, 12 h, or 18 h) after  $[^3\text{H}]\text{-H}_2\text{O}$  injection. Brains were homogenized and 100  $\mu\text{l}$  was counted in 2 ml scintillation fluid on a scintillation counter. The results were corrected for tissue quenching and expressed as cpm/gram tissue. \* indicates  $p = 0.003$ .



treatment schedule, this technique exhibited quite a bit of variability between experiments. This led us to conclude that measurement of [ $^3\text{H}$ ]- $\text{H}_2\text{O}$  retention was not a reliable means of measuring IL-2 induced fluid shifts in the mouse brain.

**Measurement of Sodium Fluorescein (NaFl) extravasation in the mouse pleural fluid, lungs, and brain.** NaFl is a small fluorescent molecule (MW = 376.27). This probe may provide increased sensitivity for detection of BBB disruption induced by IL-2 and decrease tissue quenching and volume of distribution problems related to the use of [ $^3\text{H}$ ]- $\text{H}_2\text{O}$ . We evaluated NaFl as an indicator for IL-2 induced VLS, based on its prior use as a marker for fluorescence imaging of BBB disruption in rats (39-40). Control and IL-2 treated mice were injected with 1.5 mg NaFl in 100  $\mu\text{l}$  PBS via tail vein and sacrificed after 10 min. Pleural fluid was collected directly from the thoracic cavity of IL-2 treated mice whereas the thoracic cavity of the control mice was irrigated with 500  $\mu\text{l}$  PBS, which was then collected. The entire recovered volume was quantified. Fluorescence was measured by spectrofluorometer. Using a standard curve, the concentration of NaFl recovered from each mouse was quantified. By multiplying the concentration of NaFl by the total volume of the fluid recovered, we calculated the total amount of NaFl leak. IL-2 treatment increased NaFl extravasation into the pleural space by 9-fold ( $9.59 \pm 0.82$   $\mu\text{g}$  total NaFl) compared to the control mice ( $1.09 \pm 0.13$   $\mu\text{g}$  total NaFl),  $p < 0.0001$  (Fig. 2.5A).

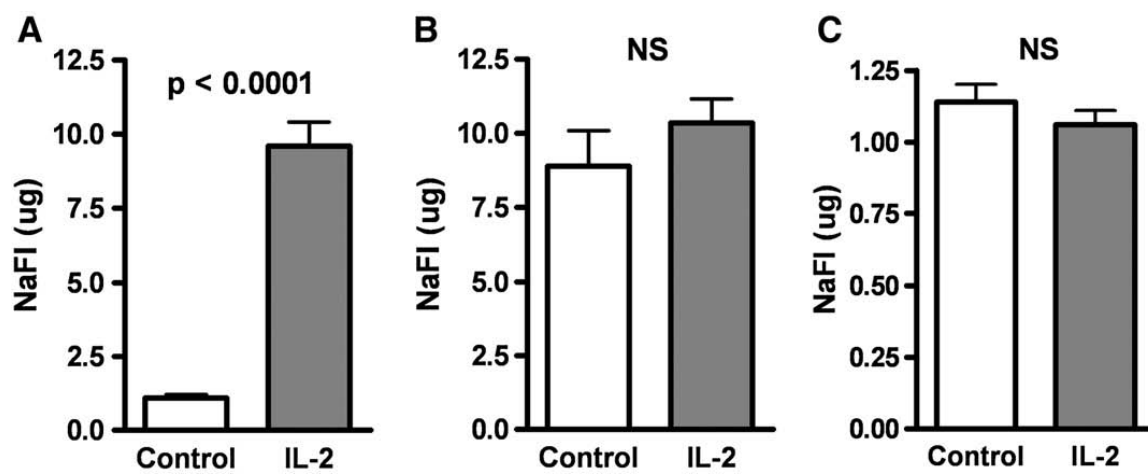
In order to evaluate the usefulness of this technique for solid organs, the lungs and brain from these mice were excised. Each tissue was homogenized in 1 ml PBS, and the amount of NaFl in the homogenate quantified. Following correction of tissue-specific fluorescence quenching, we found  $10.34 \pm 0.82$   $\mu\text{g}$  total NaFl in the lungs of IL-2 treated

mice. There was no detectable difference compared to NaFl content in lungs of the control mice ( $8.88 \pm 1.21$   $\mu\text{g}$  total NaFl,  $p = 0.35$ ; Fig. 2.5B). There was also no detectable difference in the amount of total NaFl in the brains of IL-2 treated mice ( $1.06 \pm 0.05$   $\mu\text{g}$  total NaFl) compared to the control ( $1.14 \pm 0.06$   $\mu\text{g}$  total NaFl),  $p = 0.34$  (Fig. 2.5C). This method proved useful in demonstrating small molecule leak resulting in pleural effusions, but not into solid organs of IL-2 treated mice. Perfusion of mice with saline to decrease intravascular NaFl retention did not seem to influence results in the brain (data not shown).

**Evaluation of brain blood vessel morphology using immunohistochemistry.** It is well known that nitric oxide (NO) produced by endothelial cells or from pharmacologic donors induces vasodilation (41-43). We therefore evaluated whether vasodilation could be identified in brain blood vessels via immunohistochemistry. We prepared 6  $\mu\text{m}$  sections from carefully defined anatomic region of the mouse mid-brain (Fig. 2.1) chosen to reflect highly vascular areas based on a study by Dorr et al. (35). Areas selected included the cerebral fissure, the striatum and the cortex in the highly vascularized anatomic region shown (Fig. 2.1). We tested a number of putative endothelial cell-specific antibodies, CD34, CD144 (VE-cadherin), and anti-von Willebrand Factor (vWF). All of them showed speckled endothelial cell staining (data not shown). As vWF is specifically produced in blood vessels, this marker was selected. However, the granular nature of the stain made it difficult to outline vessels to measure the area. Isolectin GS-IB<sub>4</sub> (Iso-B4) demonstrates strong staining of perivascular cells. Unfortunately, Iso-B4 is also known to stain brain microglial cells. By using dual staining of vWF and Iso-B4, we were able to identify the circumference of blood vessels in the

Figure 2.5

Evaluation of blood vessel permeability using sodium fluorescein (NaFl) in the mouse A) pleural fluid, B) lungs, and C) brain. Mice ( $n = 5$ ) were injected with 1.5 mg NaFl in 100  $\mu$ l PBS via tail vein 4 h after the last IL-2 dose or no treatment (control). After 10 min, mice were sacrificed. The pleural fluid was collected and the brains and lungs were excised from each mouse. The lungs and brain were homogenized in 1 ml PBS and 100  $\mu$ l of each homogenate or 100  $\mu$ l of the collected pleural fluid was quantified by spectrofluorometer. The total amount ( $\mu$ g) of NaFl in each sample was calculated by using a standard curve, corrected for tissue quenching, and then multiplied by the total volume of organ homogenate (1 ml) or the measured volume of the collected pleural fluid.



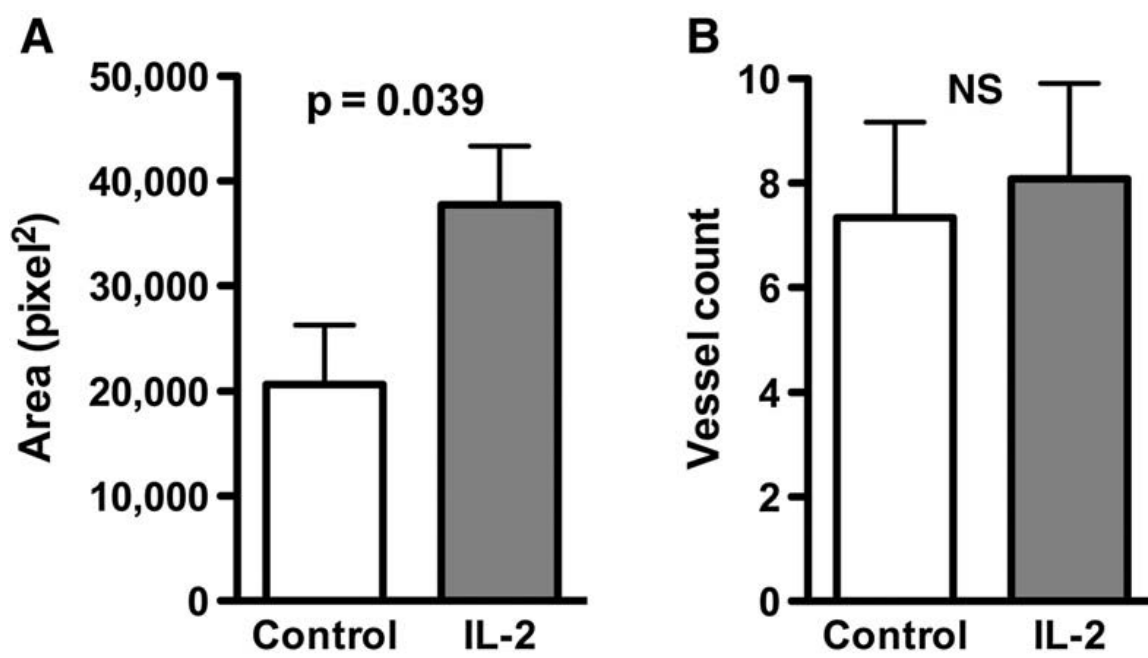


mouse brain section. We obtained twenty 20x magnification digital images from precise anatomic locations of the brain section (4 of each left cortex area, right cortex, left striatum, right striatum, and the cerebral fissure) using fluorescence microscopy and analyzed each image for the numbers and size of blood vessels. The analysis showed that the average size of vessels in the brain was almost 2-fold larger in the IL-2 treated mice ( $37750.53 \pm 5598 \text{ pixel}^2$ ) compared to the control mice ( $20652.85 \pm 5598 \text{ pixel}^2$ ),  $p = 0.0389$  (Fig. 2.6A), while the number of vessels in the brain of IL-2 treated mice ( $8.082 \pm 1.83$ ) were not significantly different compared to the control mice ( $7.343 \pm 1.83$ ),  $p = 0.7765$  (Fig. 2.6B). The number of blood vessels was not expected to change during 5 days of IL-2 treatment. These results suggest that IL-2 strongly induced vasodilation of the brain blood vessels.

**Evaluation of brain water content using MRI proton density.** Intrinsic MR parameters, such as longitudinal ( $T_1$ ) and transverse ( $T_2$ ) relaxation times, are sensitive to changes in the proton density and therefore the water content of tissues. Therefore, MRI proton density (PD) provides a potential noninvasive technique to quantify changes in the brain water content induced by cytokine treatment. A prior study in IL-2 treated patients using a  $T_2$ -weighted MRI had suggested that particularly large changes in brain MR signal intensity were induced by IL-2 treatment (29). However, this study showed an extremely wide percentage range (3-48%) of the changes in the cerebral water content, raising questions as to the accuracy and reproducibility of this determination. We developed a high resolution murine imaging technique to critically assess MRI quantified PD changes in the brains of IL-2 treated mice. Imaging phantoms were prepared employing various ratios of  $\text{H}_2\text{O}/\text{D}_2\text{O}$  (60-100% in 10% increment), serving as

Figure 2.6

Immunostaining of brain sections to evaluate endothelial cell morphology. Brains were excised from IL-2 treated and control mice ( $n = 3$ ). Sections ( $6\text{ }\mu\text{m}$ -thick) were carefully prepared to identify specific anatomic regions of the mid-brain. Each frozen section was dual-stained with Iso-B4 and anti-vWF to identify blood vessels and exclude microglial cells. The blood vessels were manually outlined on 20 digitized fluorescence images of each stained section and analyzed for A) the average size of vessels and B) total number of vessels using ImageJ software. The values were compared between pre- and post-IL2.

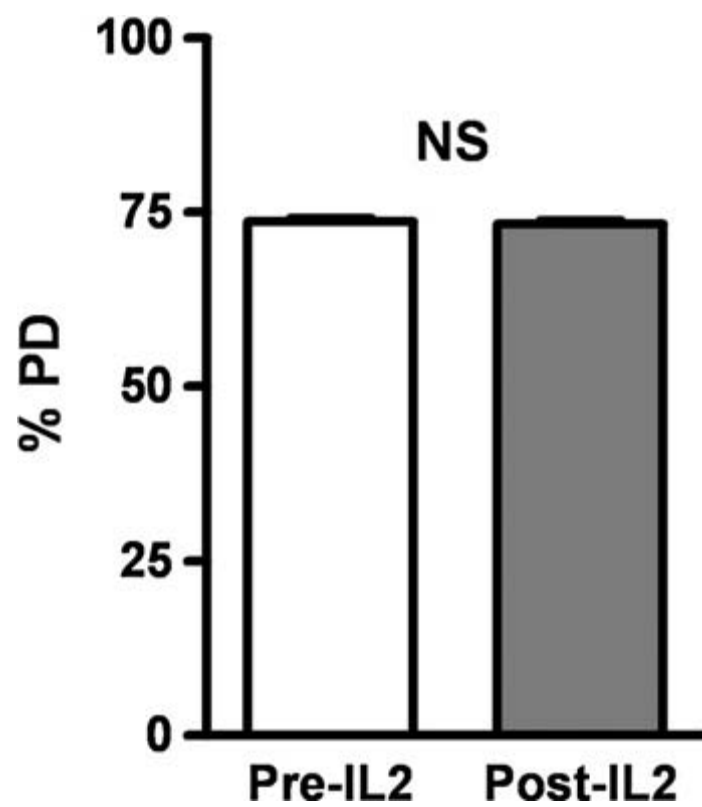


references. We scanned anesthetized mice both before and after IL-2 treatment using MRI PD sequence using a 7T Bruker MRI system with a mouse-specific coil. We established that this sequence was sensitive enough to detect an approximate 1% change in PD in the mouse brain. PD was calculated using a ratio of the signal intensity (SI) from the manually drawn ROI (region of interest) around the whole mouse brain with that of the phantom SI. We averaged PD over 8 matched brain slices of pre- and post-IL-2 DICOM images for each mouse. The results of this experiment (Fig. 2.7) established that there was no significant difference ( $p = 0.7892$ ) in MRI proton density of IL-2 treated mice ( $73.31 \pm 0.7$ ) compared to before receiving IL-2 treatment ( $73.65 \pm 0.7$ ). We also found that results obtained with this technique varied markedly between experiments. We concluded that the MRI PD sequence was too inconsistent to provide useful information concerning the small, most likely perivascular changes in mouse brain water content related to IL-2 administration.

**Dynamic contrast-enhanced (DCE) MRI.** DCE MRI is a quantitative, noninvasive technique to measure vascular permeability using a gadolinium-based contrast agent. DCE MRI has often been used clinically to assess tumor angiogenesis based on tumor vascular permeability. This technique provides physiologically meaningful quantitative assessment of vascular parameters, such as fractional plasma volume ( $f^{PV}$ ), endothelial transfer coefficient ( $K^{PS}$ ), and permeability surface area product (PS) (44).  $f^{PV}$  describes the plasma volume of the blood vessels in that tissue.  $K^{PS}$  reflects the permeability of the contrast agent from the blood vessels to the extravascular and extracellular space (EES) of the tissue. PS describes the surface area of the vasculature that is permeable to the contrast agent. We developed a protocol for DCE

Figure 2.7

Evaluation of proton density in the brains of IL-2 treated mice using a 7T MRI system. Mice ( $n = 5$ ) were scanned both before and after 4 days of IL-2 treatment (150,000 U i.p, b.i.d.) using a MRI PD sequence as described in the *Materials and Methods*. Regions of interest were manually drawn on matched sections of mouse brain using OsiriX software and expressed as % proton density (PD) based on the phantoms (created using 60-100%  $\text{H}_2\text{O}/\text{D}_2\text{O}$  in 10% increment). The %PD was averaged over 8 slices for each mouse and compared between pre- and post-IL-2 treatment scans derived from the same mouse.

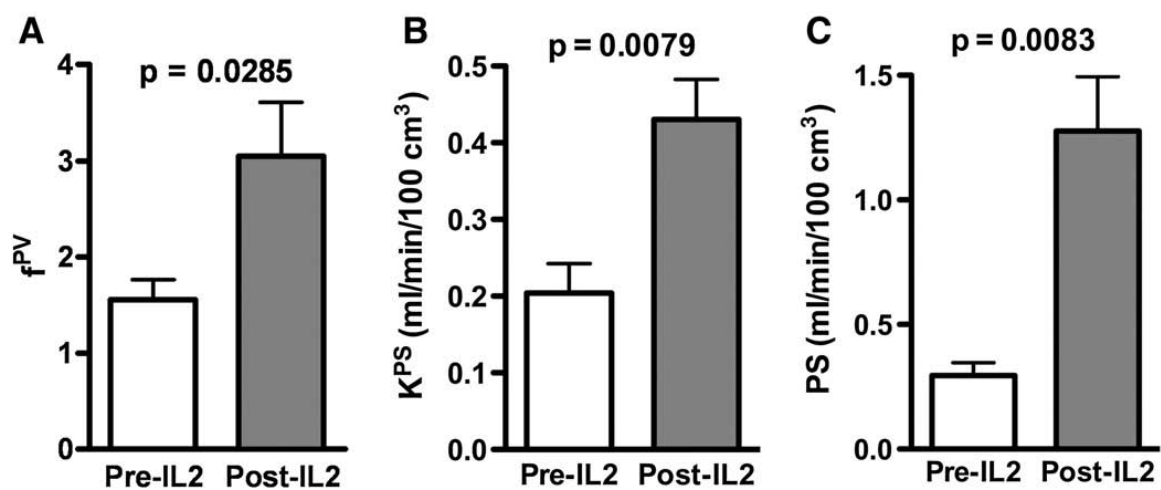


MRI to evaluate the brain microvasculature of IL-2 treated mice. Anesthetized mice were scanned before and after IL-2 treatment using 2D-FLASH MRI sequence. This MRI sequence provides good spatial resolution and has the advantage of allowing rapid scanning. We calculated SI from a manually drawn ROI on a selected mid-brain section of each mouse, matched between pre- and post-IL-2 images, using customized MATLAB programs. The contrast agent concentration in the blood pool was established by averaging the SI from the left and right maxillary veins. We used a two-compartment model consisting of the brain plasma compartment and the EES to calculate  $f^{PV}$ ,  $K^{PS}$ , and PS as described previously by Feng et al. (37). DCE MRI data established a 2-fold increase of  $f^{PV}$  in the mice brain after receiving IL-2 treatment ( $p = 0.0285$ ; Fig. 2.8A). The  $f^{PV}$  in the post-IL-2 mice brain was  $3.048 \pm 0.56$  whereas in the pre-IL-2 mice brain was  $1.554 \pm 0.21$ . This result suggested vasodilation of the brain blood vessels following IL-2 treatment, independently verifying the results of brain immunohistochemical staining. DCE MRI also showed that IL-2 significantly increased brain microvascular permeability to the contrast agent by 2-fold ( $p = 0.0079$ ; Fig. 2.8B).  $K^{PS}$  value in the mice brain after receiving IL-2 treatment was  $0.4305 \pm 0.05$  ml/min/100 cm<sup>3</sup> whereas prior to IL-2 treatment was  $0.2039 \pm 0.04$  ml/min/100 cm<sup>3</sup>. Finally, the PS was  $1.275 \pm 0.22$  ml/min/100 cm<sup>3</sup> in the mice after receiving IL-2 while in the mice prior to the IL-2 treatment was  $0.2953 \pm 0.05$  ml/min/100 cm<sup>3</sup> (Fig. 2.8C). These data suggested a significant ( $p = 0.0083$ ) 4-fold increase in the blood vessel surface area that was “leaky” to the contrast agent after IL-2 treatment. These changes in brain vascular parameters identified using DCE MRI established that IL-2 induces vasodilation of the brain blood vessels and increases perivascular permeability of these vessels.

Figure 2.8

Evaluation of IL-2 induced changes in the brain blood vessel permeability by dynamic contrast enhanced (DCE) MRI. Mice ( $n = 5$ ) were scanned both before and after 4 days of IL-2 treatment (150,000 U i.p, b.i.d.) using 2D-FLASH MRI sequence as described in the *Materials and Methods*. After baseline imaging, 0.1 mmol/kg contrast agent was administered by bolus injection via tail vein catheterization. Customized MATLAB programs were used to calculate signal intensities from manually drawn ROI on a selected 1-mm mid-brain section of each mouse. We averaged the left and right maxillary veins to derive the contrast agent concentration in the blood pool and a two-compartment model was used to calculate A) fractional plasma volume ( $f^{PV}$ ), B) endothelium transfer coefficient ( $K^{PS}$ ), and C) permeability surface area product (PS). IL-2 treatment significantly increased  $f^{PV}$  and  $K^{PS}$  by 2-fold, and PS by 4-fold.





## Discussion

Sepsis causes an estimated 215,000 deaths (9.3% of all deaths) in the US and considerable morbidity, mortality, health care utilization, and cost (45). Patients of early stages of sepsis develop similar symptoms to the side effects of IL-2 therapy, particularly hypotension, vascular leak, and neuropsychiatric toxicity (i.e., delirium). However, as sepsis progresses, patients experience irreversible organ failure, and eventually death. IL-2 dose limiting toxicities are reversible and therefore may provide useful to model the early cardiovascular and neuropsychiatric effects of sepsis.

A poorly characterized percentage of patients receiving IL-2 therapy become mentally slowed or confused (perhaps as high as 40% in our experience) and approximately 10-20% of patients become agitated, sometimes with hallucinations or delusions. The pathophysiology of IL-2 induced neuropsychiatric toxicity remains poorly understood. It is likely that the “cytokine storm” released during IL-2 treatment and sepsis induces changes in brain microvasculature, such as vascular leak and brain edema, which relate to changes in the CNS function and thus cause neuropsychiatric toxicity. We therefore evaluated a number of potential experimental methods to quantify the effect of cytokine-induced changes on brain blood vessels, utilizing a well-characterized IL-2 treatment murine model.

We have performed extensive studies of different doses of IL-2 in mice. The dose of IL-2 chosen for the current experiments (150-180,000 IU twice daily) is based on dose and time response studies previously performed in our lab to evaluate changes in systemic vascular permeability and hypotension in our murine model, and is approximately the LD10 (lethal dose for ~10% of mice) in C3H/HeN mouse strain. It was

designed to mirror the effect of massive doses of IL-2 administered to human patients (600,000 IU/kg q8h for 14 doses).

Previous studies have been attempted to delineate the mechanisms of IL-2 dose-limiting toxicities with the eventual goal of blocking these toxicities without affecting the therapeutic effectiveness of IL-2. Nitric oxide (NO) and superoxide have been identified as key players in systemic IL-2 induced VLS and hypotension, respectively (33, 46). The role of these mediators in the brain is currently unknown. Saris et al. have looked at the effects of IL-2 in the brain of patients with extracranial cancer without evidence of intracranial metastases (29). This study used T<sub>2</sub>-weighted MRI to look at changes in signal intensities in the brain, which correlated with changes in cerebral water content, before and after IL-2 therapy. Even though their results suggested a massive increase of cerebral water content in both the white matter ( $17 \pm 6.2\%$ ) and gray matter ( $12.6 \pm 7.3\%$ ) after IL-2 therapy, only 3 out of these 7 patients were mildly lethargic (29). Moreover, the range of these measurements varied from 3% to 48%, raising questions concerning the accuracy of these determinations in critically ill patients. The magnitude of these apparent proton density increases are difficult to believe, since they are far greater magnitude than vascular leak measured in any other organ or even overall weight changes in the intact IL-2 treated animals or patients.

In cats and rats, a single bolus intravenous injection of recombinant IL-2 increased permeability of horseradish peroxidase into the brain, suggesting that IL-2 disrupted the blood-brain barrier (BBB) and cerebrovascular morphological integrity (31-32). A study on the effect of IL-2 on the BBB in gliosarcoma rat model suggested that IL-2 increased the transfer constant of carbon-14-labeled aminoisobutyric acid from BBB

into the brain in tumor-bearing rat brain but not in normal brain (30). However, tumors are known to have abnormal blood vessel permeability and are suspected of contributing to increased brain edema following IL-2 treatment, raising uncertainty concerning the significance of this finding.

Our results showed no detectable differences in the mouse brain interstitial fluid between IL-2 treated and controls measured using wet versus dry brain weight (Fig. 2.2), quantification of radioactive labeled [ $^{125}\text{I}$ ]-bovine serum albumin (Fig. 2.3), tritiated water retention (Fig. 2.4) or fluorescence marker (Fig. 2.5C), and MRI proton density measurements (Fig. 2.7). This is likely due to the small magnitude of changes in brain water content or edema (<5%) that produces symptoms. In addition, quenching of the signal related to tritiated water, and to some degree tissue fluorescence (for NaFl) required compensation, further decreasing sensitivity. Another problem was that even in syngeneic mice treated on a very precise schedule, there was substantial inter-experiment variability. This further limited the usefulness of these techniques.

However, our mouse brain immunohistochemical staining (Fig. 2.6A) and DCE MRI  $f^{\text{PV}}$  values (Fig. 2.8A) independently demonstrated a 2-fold increase in the area and volume of the brain blood vessels, respectively, in IL-2 treated mice. These data indicated vasodilation of the brain blood vessels. Further characterization of the brain blood vessels by DCE MRI also showed a 2-fold increase of the mouse brain blood vessel permeability ( $K^{\text{PS}}$ ) to the contrast agent after IL-2 treatment (Fig. 2.8B). These increases in DCE MRI  $f^{\text{PV}}$  and  $K^{\text{PS}}$  values induced by IL-2 resulted in a 4-fold increase in the surface area of the mouse brain blood vessels that become “leaky” to the contrast agent (Fig. 2.8C).

We established that additional methods quantifying changes in brain interstitial fluid induced by cytokines in mice were not informative. We used microscopy to evaluate changes in fixable Alexa Fluor® 594-conjugated dextran (10,000 MW; Molecular Probes, Oregon) or Hoechst 33342 (616 MW; Aldrich Chem., Milwaukee) staining in the mouse brain (47) following IL-2 treatment (data not shown). None of these dyes were able to accurately quantify the small changes in brain interstitial fluid in mice related to IL-2 therapy. A normal mouse brain weighs about 0.5 g. Approximately 5% of the mouse brain weight (25 mg) represents interstitial/or extracellular fluid. Assuming that IL-2 changes the mouse brain fluid content by 5-7%, a magnitude similar to the maximum increase in the mouse body weight during IL-2 treatment (data not shown), only about 1-2 mg changes in weight or 1-2  $\mu$ l changes in water volume are predicted to occur within the brain parenchyma. This miniscule amount could not be measured accurately using small molecule probes in homogenates of brain tissue or by microscopy.

Despite failure to measure changes in the brain interstitial fluid after IL-2 therapy using NaFl, a significant 9-fold increase of NaFl was detected in pleural fluid of IL-2 treated mice,  $p = 0.0003$  (Fig. 2.5A), consistent with the noncardiac pulmonary edema and vascular leak experienced by patients receiving IL-2 therapy (26). However, we did not detect a significant difference of NaFl in the lung parenchyma after IL-2 treatment,  $p = 0.47$  (Fig. 2.5B). Our studies indicate that NaFl quantification in pleural fluid appears to be a sensitive marker for systemic VLS in mice. This result appears to contradict prior studies of IL-2 induced VLS in the mouse lungs, which have been described using [ $^{125}$ I]-albumin and Evans Blue dye (38, 48). It became apparent to us that even minimal carry-

over of pleural fluid during excision of lungs in these experiments could induce a significant error.

Dual staining using anti-von Willebrand Factor (vWF) and isolectin GS-IB<sub>4</sub> (Iso-B4) specifically identifies the blood vessels in the mouse brain sections and was able to show brain blood vessel vasodilation induced by IL-2. One difficulty using this technique was to closely match all the brain cross-sections. We chose to analyze a section through the mid-brain including the cerebral cortex and striatum as both of these regions are gray matter, which consists of neuronal cell bodies, glial cells (oligodendrocytes and astroglia), neuropil (axons and dendrites), and capillary blood vessels. The striatum is best known for its role in cognitive processes while the cerebral cortex plays an essential role in attention, thought, memory, perceptual awareness, and consciousness. Previous studies in humans receiving IL-2 have suggested that these processes are significantly affected during IL-2 induced neuropsychiatric toxicity (28). Vasodilation in these specific anatomic regions therefore appears to strongly correlate with the IL-2 induced behavior and cognitive changes in treated patients.

Although we established a MRI sequence that was sensitive enough to detect approximately 1% change in phantoms using a 7T Bruker MRI system with a mouse-specific coil, the PD changes in the mouse brain obtained with this technique were markedly different between replicate experiments. There are four potential issues why the MRI PD data exhibited such variation. First, it was difficult to completely align matched MRI coronal sections between pre- and post-IL-2 scans of each individual mouse. Second, we obtained 1-mm thick axial slices throughout the mouse brain. This thickness was needed to increase the signal to noise ratio of the MRI images. However, it decreased

the sensitivity to measure small or localized changes of PD in the mouse brain. This is particularly relevant, since the permeability surface coefficient derived from DCE-MRI studies suggests that IL-2 induced changes in brain water content may be perivascular rather than evenly distributed throughout the brain parenchyma. The third potential problem using a 7T MRI may relate to inhomogeneity of the static and rotating magnetic fields ( $B_0$  and  $B_1$ ). We attempted to minimize these effects by standardized placement of the mouse and phantoms within the coil. The final caveat was that manual segmentation of the mouse brain on the images proved somewhat error prone. It is not possible to perfectly outline the brain, resulting in some variability due to inadvertent inclusions of CSF water density pixels. With a relatively large standard deviation of the SI, the accuracy of measuring proton density changes is further decreased. It is possible that an automated MATLAB data extraction algorithm could be written to better exclude this potential artifact and improve reproducibility.

As measurement of IL-2 induced changes in average mouse brain water content proved problematic, a quantitative assessment of the vascular permeability to a small molecule contrast agent over a period of time using DCE MRI seemed more effective. DCE MRI is noninvasive, which allows for the same mice being scanned before and after IL-2 treatment, eliminating brain variability between individual mice. The 2D-FLASH MRI sequence provided a good spatial resolution and was fast. One major advantage using this technique is simultaneous characterization of the mouse brain blood vessel area and permeability to a small molecular probe. This method can be used to show increased vascular permeability changes in other tissues, such as liver and lungs. For example, changes in tumor blood vessel permeability are commonly studied using DCE MRI (49-

51). However, this adds additional technical challenges, such as compensation for organ movement due to breathing and heartbeat. Gating will be required and this prolongs scanning time, which may be detrimental in critically ill and unstable mice or patients.

To our knowledge, there are currently no published data of DCE MRI technique in patients with sepsis or receiving inflammatory cytokine administration. These processes are virtually impossible to study in critically ill human patients, who generally are hospitalized in intensive care units. Once these patients exhibit neuropsychiatric toxicity (delirium), it would be quite difficult to perform DCE MRI studies, as they are frequently intubated and receiving intravenous pressor agents and would not be stable enough to undergo MRI studies. Another concern is that gadolinium-based contrast agent, which is mainly used for DCE MRI, has been shown to be associated with the development of nephrogenic fibrosing dermopathy (NFD) and nephrogenic systemic fibrosis (NSF) in patients with kidney dysfunction (52-54). Therefore, this contrast agent may have an adverse effect in IL-2 treated or sepsis patients, who usually have at least some element of acute renal dysfunction.

In conclusion, we were able to show that IL-2 induced vasodilation of the brain blood vessels and increased permeability of these vessels in mice, suggesting that IL-2 induced neuropsychiatric toxicity may correlate with small blood vessel vasodilation in the brain as well as small increases in brain water content (edema). We are currently using these methods to evaluate the neuropsychiatric toxicity of IL-2 induced vascular leak in the brain. The long term goal is to identify pharmacologic inhibitors that block hypotension, vascular leak, and neuropsychiatric toxicity for testing in patients following inflammatory cytokine administration or with sepsis.



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## CHAPTER 3

NEUROLOGIC TOXICITY CORRELATES WITH ENDOTHELIAL  
NITRIC OXIDE SYNTHASE INDUCED CEREBRAL  
VASODILATION AND MICROVASCULAR  
PERMEABILITY FOLLOWING MURINE  
INTERLEUKIN-2 TREATMENT

## **Abstract**

Interleukin-2 (IL-2) is the only agent that produces durable remissions in 5–10% of metastatic melanoma and renal cancer patients. Neuropsychiatric toxicity is frequent and dose-limiting. The pathophysiology is not currently understood. Behavioral changes following IL-2 therapy were quantified in a murine model, demonstrating that spontaneous movement, rearing, and grooming were decreased by day 2 of IL-2. Motor strength was affected by day 4. Immunohistochemical and DCE MRI evaluation of the brain vasculature demonstrated that IL-2 induced vasodilation and increased permeability by 2- to 4-fold on day 4. We hypothesized that nitric oxide (NO) synthesis was responsible. IL-2 induced behavioral changes and vasodilation were attenuated in eNOS knockout mice, while permeability was abrogated in both eNOS and iNOS knockout mice. These results establish that activation of eNOS-mediated vasodilation and vascular permeability changes correlate with motor function changes induced by IL-2. NO does not appear to mediate early changes in spontaneous behavior.

## **Introduction**

At low concentrations (10–100 IU/ml), IL-2 is a cytokine that is essential for activation and clonal expansion of cytotoxic lymphocytes (1). Higher concentrations of IL-2 (> 600 IU/ml) result in activation of natural killer cell-derived cytotoxic lymphocytes called lymphokine-activated killer (LAK) cells (2). These cells kill tumor cells with antigen-independent mechanisms (3), and therefore demonstrate cytotoxicity against almost all freshly isolated (4) and cultured malignant cells (5), including multidrug-resistant cancer cells (6). Extensive preclinical and clinical studies have

established the anticancer activity of IL-2 (7-8). There has been a dramatic increase in treatment options for metastatic renal cancer and melanoma in the past 4 years, including development of “targeted” therapy such as mTOR (mammalian target of rapamycin) and VEGF (vascular endothelial growth factor) pathway inhibitors (9), as well as V600E B-raf specific inhibitors (10). However, IL-2 remains the only therapy that can induce durable complete remissions in approximately 5–10% of patients with these cancers (11-12). Clinical follow-up of these remissions in some cases now extends to over 20 years. Other currently available agents require lengthy administration of expensive drugs to maintain clinical responses, with eventual, but inevitable tumor progression and death.

Broader applications of IL-2 in cancer therapy are restricted by severe dose-limiting toxicities (13-14). Two major cardiovascular toxicities of IL-2 administration are vascular leak syndrome (VLS) and hypotension. VLS is characterized by generalized extravasations of intravascular fluid into interstitial tissues, fluid retention (weight gain), noncardiac pulmonary edema, and reversible renal dysfunction (15). In conjunction with VLS and intravascular volume depletion, IL-2 also results in hypotension, due to decreased systemic vascular resistance. These toxicities result in hypoperfusion of vital organs, such as kidneys and heart (16).

IL-2 induced cardiovascular toxicities are thought to be indirectly mediated via a large number of secondarily released inflammatory cytokines, termed a “cytokine storm” (17). These cytokines include tumor necrosis factor (TNF $\alpha$  and TNF $\beta$ ), IFN- $\gamma$ , IL-1, IL-5, and IL-6 (18-21). High doses of steroids can block IL-2 induced toxicity, but also completely abrogate therapeutic responses (22). These inflammatory mediators induce secretion of nitric oxide (NO) via activation of the inducible L-arginine:NO synthesis



pathway (23-27). Hibbs et al. showed that serum and urine nitrate levels (metabolites of NO) are elevated 6- to 10-fold in patients on days 5–7 after a 5-day treatment course of IL-2 (28). Previous studies in our lab suggested that the mechanism of IL-2 induced VLS results from induction of NO synthesis (29), while hypotension appears to be due to catecholamine oxidation (30).

Our clinical experience with pharmacological inhibitors of hypotension and VLS suggests that dose escalation of IL-2 therapy is further limited by the onset of neuropsychiatric toxicity, even if other cardiovascular toxicity is controlled. A large percentage of patients develop some manifestations of neuropsychiatric toxicity while receiving IL-2 treatment, with 30–50% of patients experiencing cognitive and behavioral changes (31). Perhaps 10–20% of patients develop more severe manifestations, such as agitation, hallucinations, or delusions. To date, the pathophysiology of IL-2 induced neuropsychiatric toxicity is not well understood. We have therefore utilized IL-2 treatment murine model to characterize cytokine-induced changes in the central nervous system (CNS) that lead to neuropsychiatric toxicity.

## Materials and Methods

**Mice.** Pathogen-free C3H/HeN and C57/Bl6 mice were purchased from Charles River Laboratories. Breeding pairs of eNOS<sup>-/-</sup> mice (B6.129P2-Nos3<sup>tm1Unc</sup>/J) were purchased from Jackson Laboratories and bred by heterozygous male to homozygous eNOS<sup>-/-</sup> female mating. iNOS<sup>-/-</sup> mice backcrossed onto a C57/Bl6 background were generously donated by Dr. Victor Laubach (University of Virginia, Charlottesville, VA) and bred by homozygous sibling mating. Derivation of these knockout mice has been

previously described (32-33). WT C57/Bl6 served as controls for experiments with the knockout mice. Mice were maintained under guidelines established by the Institutional Animal Care and Use Committee (IACUC), which also approved all experimental protocols. Mice were age- and sex-matched in each experiment. Knockout mice were genotyped before being used in experiments.

**Verification of genotype of knockout mice.** iNOS<sup>-/-</sup> mice were genotyped using previously published methods (29). eNOS<sup>-/-</sup> mice were genotyped using similar methods with the following primers: oIMR1823 – 5' ATT TCC TGT CCC CTG CCT TC 3' (common upstream primer), oIMR1824 – 5' GGC CAG TCT CAG AGC CAT AC 3' (lies in exon 12, which is deleted in mutant), and oIMR0094 – 5' TGG CTA CCC GTG ATA TTG CT 3' (neo cassette specific primer), and these changes in PCR parameters: annealing at 65°C and 35 cycles. eNOS<sup>-/-</sup> produced a 500 bp PCR product whereas WT yielded a 442 bp product and heterozygotes yielded both.

**IL-2 treatment.** C3H/HeN mice were treated with 150,000 IU of IL-2 (Proleukin®; Novartis, Emeryville, CA) intraperitoneally (i.p.), b.i.d. (twice a day) for 5 days (a total of 10 doses) or 8 doses (4 days) for mice used in MRI studies to decrease anesthetic-induced mortality during scanning. C57/Bl6, eNOS<sup>-/-</sup>, and iNOS<sup>-/-</sup> mice were treated with 800,000 IU of IL-2 i.p., b.i.d. for 5 days (10 doses), as we have previously established this to be the equipotent dose to induce hypotension and VLS in this mouse strain (29). Initial dilutions of IL-2 were made in sterile water and further diluted in PBS (phosphate buffered saline) immediately prior to administration. Control mice received no treatment, unless otherwise noted.

**Measurement of spontaneous motor activity.** Mouse spontaneous motor activity was measured using an Opto-Varimex apparatus (Columbus Instruments, Columbus, OH) as previously described (34). In a single experiment, 2 Opto-Varimex activity monitors (42.2 x 42.5 x 20.5 cm) were used. After the mice were acclimated to the environment of the activity monitors for 10 min, spontaneous activity was recorded for 60 min in an isolated room (dark and no noise) in the evening. The following parameters were analyzed using an Auto-Track software (Columbus Instruments, Columbus, OH): 1) total distance traveled by the animal in 1 hour (centimeters), 2) stereotypic activity count (grooming), and 3) vertical activity (rearing). Each mouse was acclimated to the apparatus prior to IL-2 treatment, serving as its own control. The post-IL-2 data were then expressed as percentages of baseline (pre-IL-2) for each mouse and averaged for each day.

**Motor coordination.** Mouse motor coordination and balance were assessed using a 3-cm diameter rod rotating at a fixed speed of 20 revolutions per minute (rpm) (35). Normal mice can walk on the rotor rod without falling for 180 seconds (36-37). All mice were trained on the rotor rod daily for 7 days prior to the onset of IL-2 treatment. Each animal acted as its own control. Measurements were obtained every day during IL-2 treatment.

**Immunohistochemistry.** Mice brains were processed and analyzed as previously described (38). Digital image size in pixel was converted to mm (17 pixels = 1 mm).

**DCE MRI.** DCE MRI of C3H/HeN mice was performed as previously described (38). C57/Bl6 WT, eNOS<sup>-/-</sup>, and iNOS<sup>-/-</sup> mice were scanned using the following T<sub>1</sub>-weighted 2D-FLASH (Fast Low-Angle Shot) parameters: repetition time (TR) of 84.992

ms, echo time (TE) of 3.06 ms, 40° flip angle, 1 mm slice thickness, number of slices = 10, field of view = 2 x 2 cm, matrix = 128 x 128 pixels, a single scan time of 8.159 s, and 60 total repetitions. Each mouse was scanned before and after IL-2 treatment, serving as its own control. Image analysis was performed as previously described (38).

**Statistical analysis.** All data are expressed as mean±standard error of the mean (SEM). Statistics of the immunohistochemistry data were analyzed using 3-factor analysis of variance (ANOVA) including treatment group, mouse type, and brain region as sources of variation. The Auto-track data were analyzed as repeated measures using linear mixed models. Fixed factors included in the model were the baseline covariate, group (either mouse type or treatment group), time, and the group by time interaction. A random factor for mouse was included to account for within animal correlation. Between and within group comparisons were tested at the  $\alpha = 0.05$  significance level. MRI and rotor rod data were analyzed using paired Student's 2-tailed t-test using GraphPad PRISM software (GraphPad Software, La Jolla, CA), unless otherwise indicated. A  $p$ -value  $\leq 0.05$  was considered significant.

## Results

**IL-2 induced behavioral changes in mice.** Changes in spontaneous behavior of mice were quantified following daily treatment with IL-2 ( $n = 3$ ) using the Opto-Varimex apparatus and Auto-Track software (Columbus Instruments, Columbus, OH). Spontaneous mobility over 60 min was significantly decreased by 50% after only 4 doses of 150,000 IU IL-2 (day 2 measurement;  $p = 0.0005$ ) and further decreased over 5 days of IL-2 treatment (Fig. 3.1a). Rearing and grooming behavior were also significantly

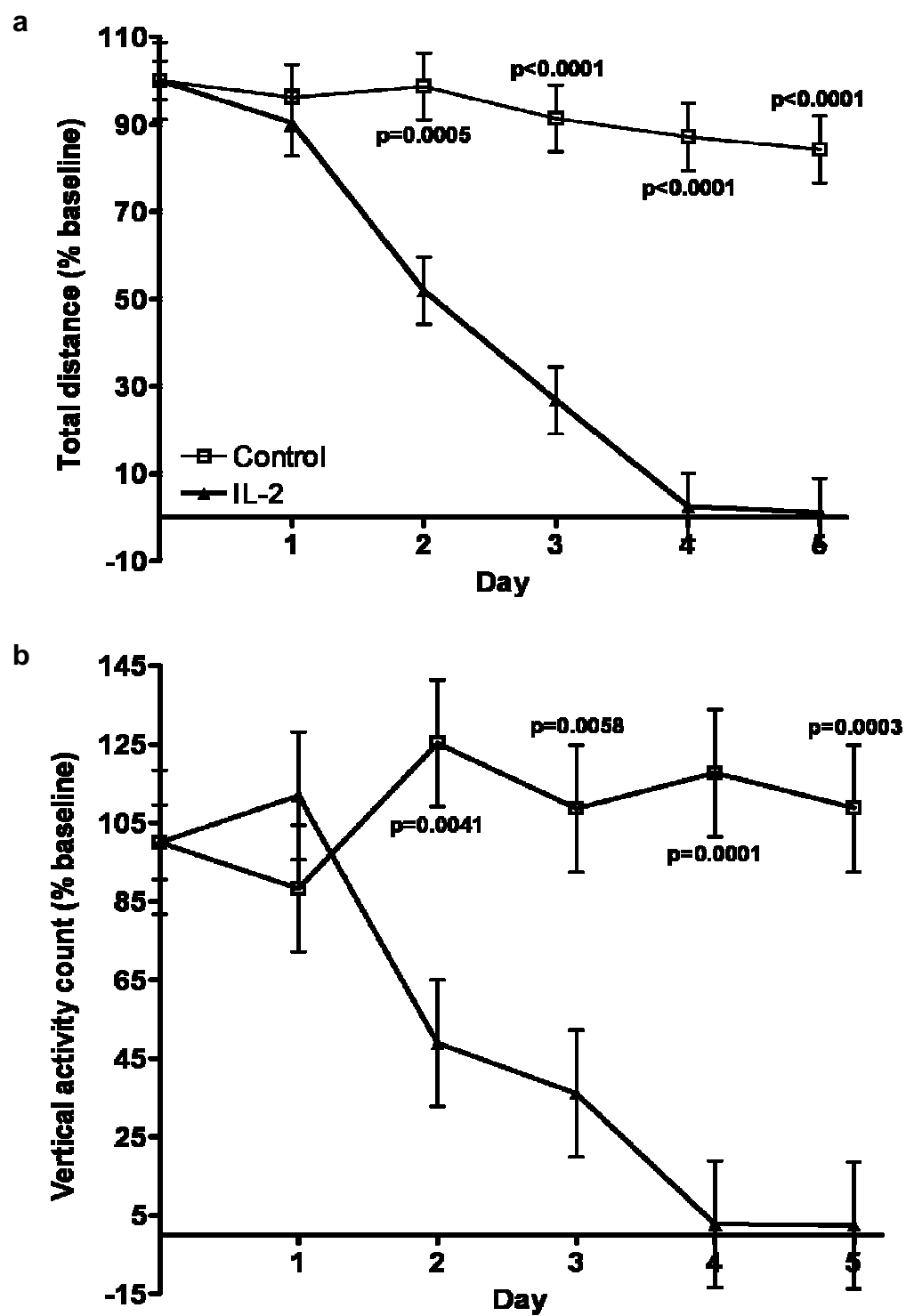
reduced by day 2 of IL-2 treatment. On day 2, control mice reared  $125 \pm 16\%$  baseline vs. IL-2 treated  $49 \pm 16\%$  baseline,  $p = 0.0041$  (Fig. 3.1b). Grooming activities of control mice on day 2 were  $106 \pm 12\%$  baseline vs. IL-2 treated  $64 \pm 12\%$  baseline,  $p = 0.0218$  (Fig. 3.1c). Rearing and grooming activities of the IL-2 treated mice consistently decreased after day 2. These data establish that IL-2 induced substantial behavioral changes in mice.

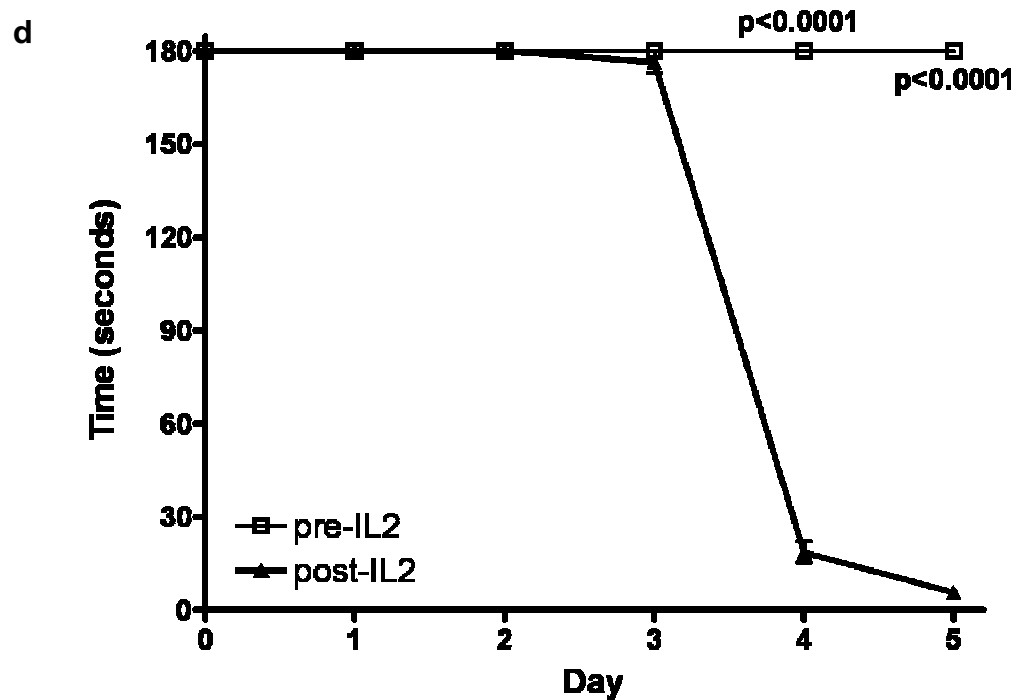
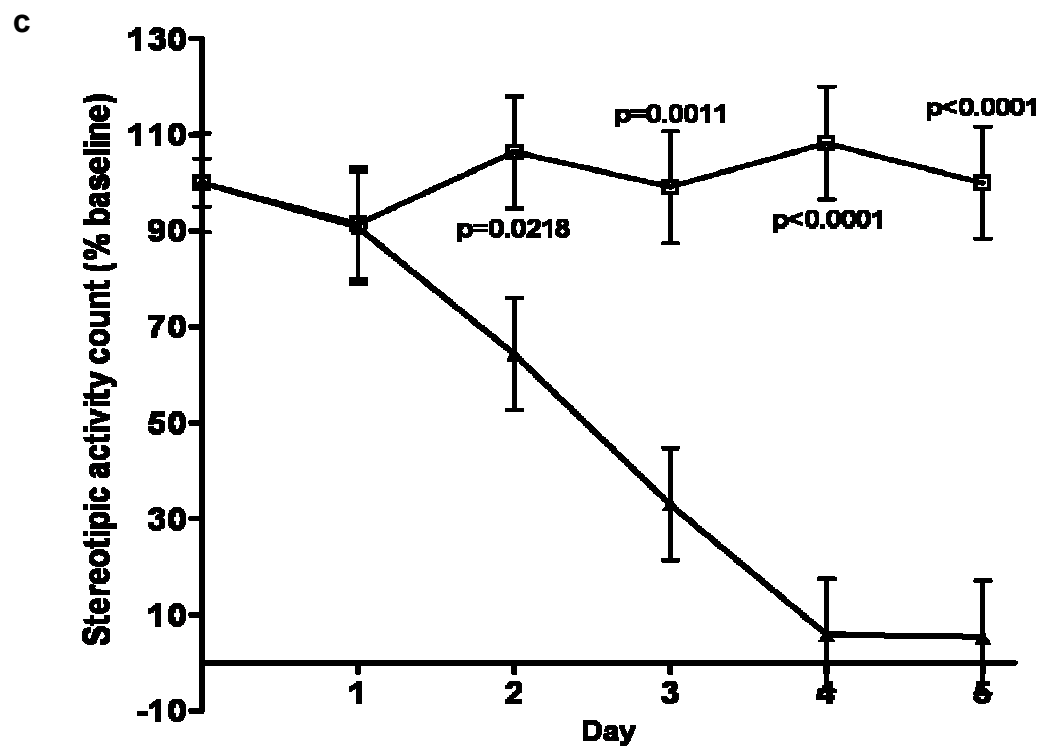
To evaluate physical strength and coordination, mice were tested by rotor rod during IL-2 treatment ( $n = 5$ ). The results showed that motor impairment in the mice did not occur until day 4 of IL-2 treatment. The ability of mice to balance on the rotor rod decreased to  $18.6 \pm 3.5$  seconds on day 4 and further decreased to  $5.7 \pm 0.7$  seconds on day 5, compared to the normal mice ( $> 180$  seconds),  $p < 0.0001$  (Fig. 3.1d). These data suggest that changes in spontaneous behavior induced by IL-2 treatment occurred well before the onset of motor impairment, which was observed on day 4 or 5 when IL-2 treated mice are known to be profoundly hypotensive (39).

**Vasodilation of brain blood vessels in IL-2 treated mice.** NO derived from endothelial cells or pharmacologic donors induces peripheral vasodilation by causing relaxation of endothelial smooth muscle cells (40-42). Hibbs et al. have shown that IL-2 treatment increases systemic NO production (28). We evaluated whether IL-2 induces vasodilation of brain blood vessels in IL-2 treated mice ( $n = 3$ ) using immunohistochemistry. Frozen sections ( $6 \mu\text{m}$ ) were carefully prepared from a defined anatomic region of the mouse mid-brain, as previously described (38). This region was chosen to reflect highly vascular areas based on a detailed mouse brain anatomy study by Dorr et al. (43). Sections were dual-stained with Isolectin GS-IB<sub>4</sub> (Iso-B4) to identify

Figure 3.1

IL-2 induced behavioral changes in mice. Spontaneous nocturnal activity of C3H/HeN mice ( $n = 3$ ) was measured using the Auto-Track system for 60 min each day. Mice were evaluated prior to treatment and daily during treatment with 150,000 IU IL-2 or same volume of PBS i.p., b.i.d. for 5 days. The post-IL-2 data were expressed as % of pre-IL-2 (baseline) for each mouse and averaged for each day. In Panel (a) total distance travelled in 1h is shown on a daily basis. Panel (b) vertical activity/rearing and (c) stereotypical activity/grooming are also shown. In panel (d) a rotor rod study was used to evaluate physical strength and coordination of C3H/HeN mice ( $n = 5$ ) prior to and during IL-2 treatment. Results are expressed as mean $\pm$ SEM. The p-values for between group comparisons at specific time points are shown.





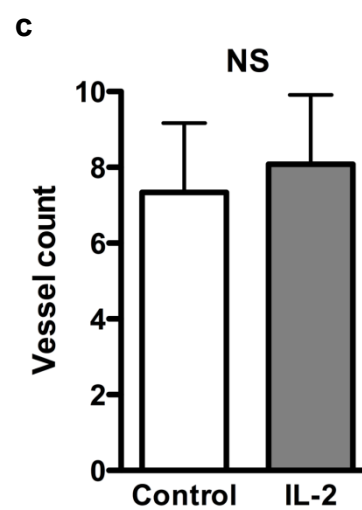
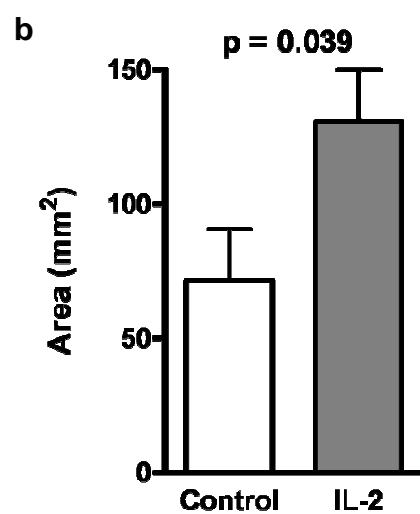
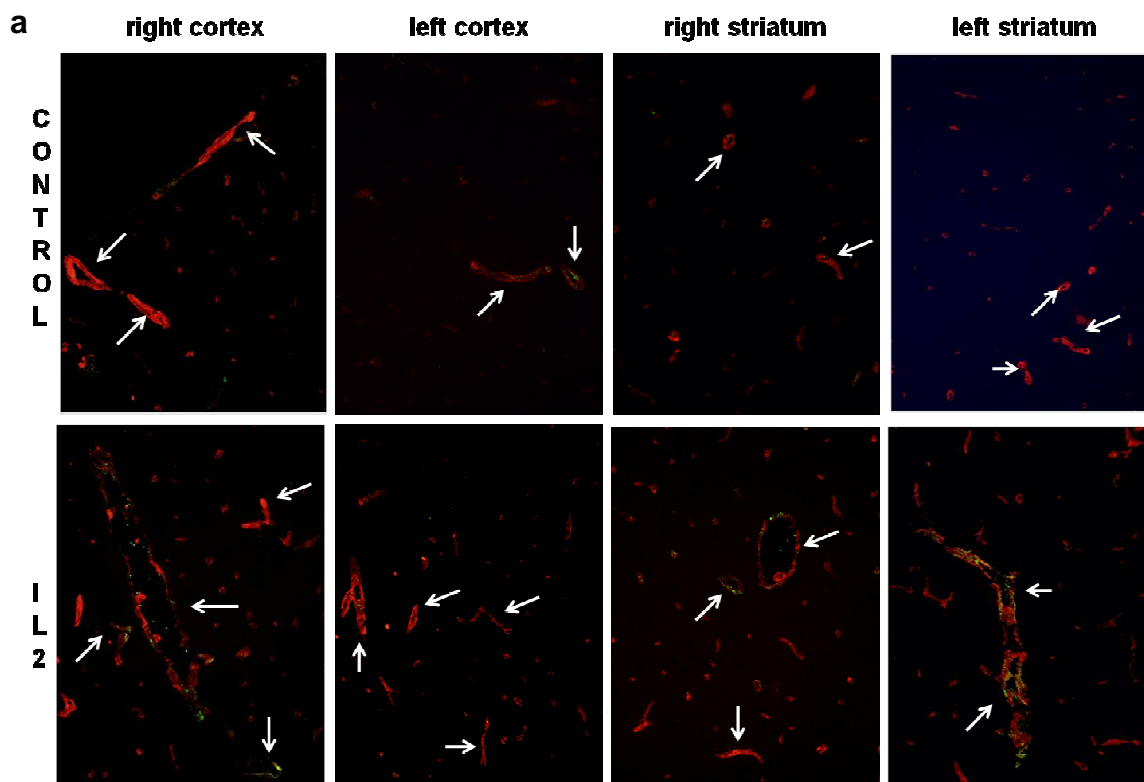


vascular pericytes and antibody to von Willebrand Factor (anti-vWF) to identify endothelial cells. Staining was evaluated in twenty 20x magnification digital images of the areas selected, which include the cortex, the cerebral fissure, and the striatum. Each image was analyzed for the numbers and average size of dual-stained blood vessels. The results showed that the average size of vessels in the brain of IL-2 treated mice ( $131 \pm 19 \text{ mm}^2$ ) was almost 2-fold more dilated than in control mice ( $71 \pm 19 \text{ mm}^2$ ),  $p = 0.0389$  (Fig. 3.2a), while the number of vessels in the brain were not significantly different between the IL-2 treated ( $8 \pm 2$ ) and control mice ( $7 \pm 2$ ),  $p = 0.7765$  (Fig. 3.2b). These results suggest that IL-2 induces substantial vasodilation of the brain blood vessels.

**Effects of IL-2 on brain microvasculature permeability.** We evaluated possible IL-2 induced changes in the mouse brain microvasculature permeability using dynamic contrast enhanced (DCE) MRI (magnetic resonance imaging). This technique has been used to assess tumor vascular permeability in patients and animal models (44-45). We developed a protocol to evaluate the brain microvasculature of IL-2 treated mice by DCE MRI (38). This technique was used to quantify 3 vascular parameters: 1) fractional plasma volume ( $f^{PV}$ ) describes the plasma volume of the blood vessels in the tissue (mouse brain), 2) endothelium transfer coefficient ( $K^{PS}$ ) reflects the permeability of the contrast agent from the blood vessels to the extravascular and extracellular space (EES) of the tissue, and 3) permeability surface area product (PS), which is the product of  $f^{PV}$  and  $K^{PS}$ , describes the permeability of the vasculature in the tissue to the contrast agent (46-47). Our experimental results demonstrated a 2-fold increase of  $f^{PV}$  in the mice brain ( $n = 5$ ) after receiving IL-2 treatment for 4 days ( $0.016 \pm 0.002$  pre-IL-2 vs.  $0.031 \pm 0.006$  post-IL-2),  $p = 0.0285$  (Fig. 3.3a). A significant increase in the brain microvasculature

Figure 3.2

Vasodilation of brain blood vessels in IL-2 treated mice. C3H/HeN mice were treated with IL-2 (150,000 U i.p., b.i.d. for 5 days). Immediately following completion of IL-2 treatment, mice were sacrificed and the brains excised. The brain was embedded and frozen. Frozen sections (6  $\mu$ m) were prepared and blood vessels were identified by dual-staining with Iso-B4 and anti-vWF. ImageJ software was used to analyze the area and numbers of blood vessels that were manually outlined on digitized fluorescence images of 4 different areas in the left and right cortex, left and right striatum, and the cerebral fissure (20 regions of interest/n). In panel (a) representative images of a specific area of the brain section. Arrow indicates a dual-stained blood vessel. (b) IL-2 treatment significantly increased the average area of blood vessels in matched 6  $\mu$ m-thick mid-brain sections from IL-2 treated and control mice ( $n = 3$ ). (c) The number of blood vessels in the brain was not significantly changed by IL-2. Results are expressed as mean $\pm$ SEM. NS, not significant.



permeability ( $K^{PS}$ ) to the contrast agent was also seen following IL-2 treatment ( $0.204 \pm 0.039$  ml/min/100 cm<sup>3</sup> pre-IL-2 vs.  $0.431 \pm 0.052$  ml/min/100 cm<sup>3</sup> following IL-2 treatment),  $p = 0.0079$  (Fig. 3.3b). Finally, the PS was  $0.003 \pm 0.0005$  ml/min/100 cm<sup>3</sup> in the mice prior to the IL-2 treatment and increased to  $0.013 \pm 0.0022$  ml/min/100 cm<sup>3</sup> after receiving IL-2 (Fig. 3.3c). These data suggested a 2-fold increase in the plasma volume and permeability of the brain blood vessels, which yielded a 4-fold increase in the blood vessel surface area in the mouse brain that became “leaky” to the contrast agent after IL-2 treatment ( $p = 0.0083$ ).

**Roles of NO in IL-2 induced CNS effects.** Our previous laboratory data suggest that NO production derived from eNOS, rather than iNOS, contributes to IL-2 induced systemic VLS (29 and manuscript submitted). We therefore utilized eNOS knockout (eNOS<sup>-/-</sup>) mice to determine the role of eNOS-derived NO in IL-2 induced neurotoxicity, by evaluating vasodilation and microvascular permeability in the brain. Immunohistochemistry of eNOS<sup>-/-</sup> brain blood vessels ( $n = 3$ , 20 digital images/n) using Iso-B4 and anti-vWF dual staining (as previously described (38)) showed that eNOS<sup>-/-</sup> developed only an attenuated and statistically insignificant vasodilation in the brain following IL-2 treatment (average vessel size of  $42 \pm 19$  mm<sup>2</sup> vs. control  $27 \pm 19$  mm<sup>2</sup>),  $p = 0.5827$  (Fig. 3.4a). DCE MRI data further showed that the  $f^{PV}$  value in eNOS<sup>-/-</sup> mice did not significantly increase following IL-2 treatment ( $p = 0.173$ ) as it did in wild-type (WT) and iNOS<sup>-/-</sup> mice ( $p < 0.001$  and  $0.029$ , respectively; Fig. 3.4b). Similar to C3H/HeN mice, IL-2 treatment also increased  $K^{PS}$  and PS values in WT C57/Bl6 mice (Fig. 3.4c and 3.4d). Surprisingly, IL-2 treatment induced negative changes in  $K^{PS}$  and PS values ( $\Delta K^{PS}$  and  $\Delta PS$ , respectively) in eNOS<sup>-/-</sup> and iNOS<sup>-/-</sup> mice (Fig. 3.4c and 3.4d), although

Figure 3.3

Effects of IL-2 on brain plasma volume and microvascular permeability in mice evaluated by DCE MRI. C3H/HeN mice ( $n = 5$ ) were scanned with a 7T MRI scanner using a  $T_1$ -weighted 2D-FLASH MRI sequence before and after 4 days of IL-2 treatment (150,000 U i.p., b.i.d.). Signal intensity from a manually drawn ROI on a selected 1-mm mid brain section of each mouse was calculated using customized MATLAB programs. The contrast agent concentration in the blood pool was derived by averaging the signal intensities of the left and right maxillary veins. A two-compartment model was used to calculate the vascular parameters. In panel (a) IL-2 increased the fractional plasma volume ( $f^{PV}$ ) in the brain by 2-fold. (b) IL-2 increased the permeability of contrast agent from the blood vessels to the brain EES ( $K^{PS}$ ) by 2-fold. (c) The surface of the brain blood vessels that becomes permeable to the contrast agent (PS) increased by 4-fold after IL-2 treatment. Results are expressed as mean $\pm$ SEM.

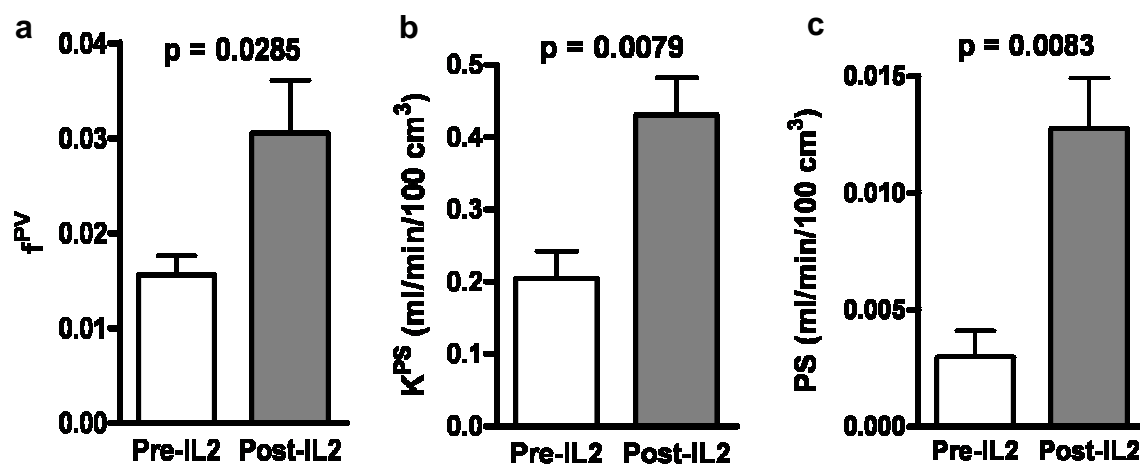
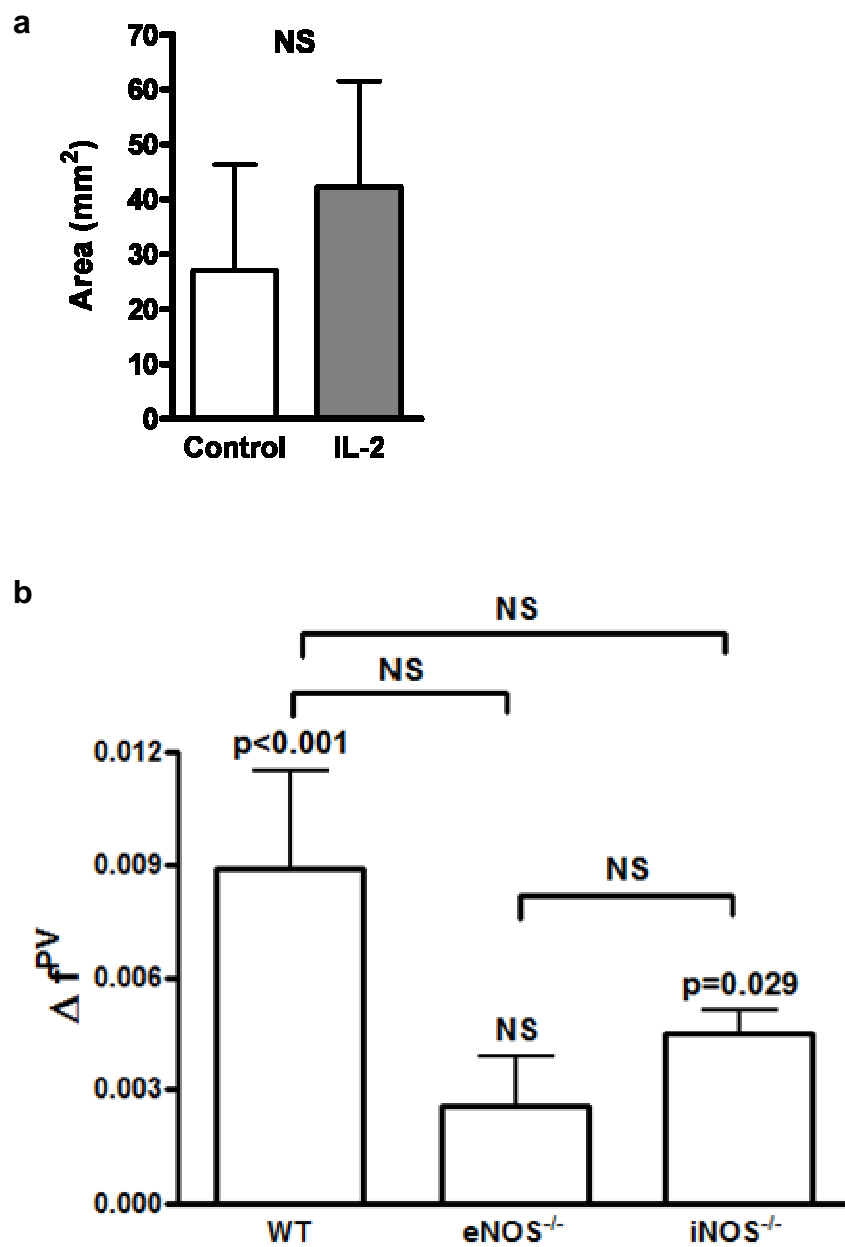
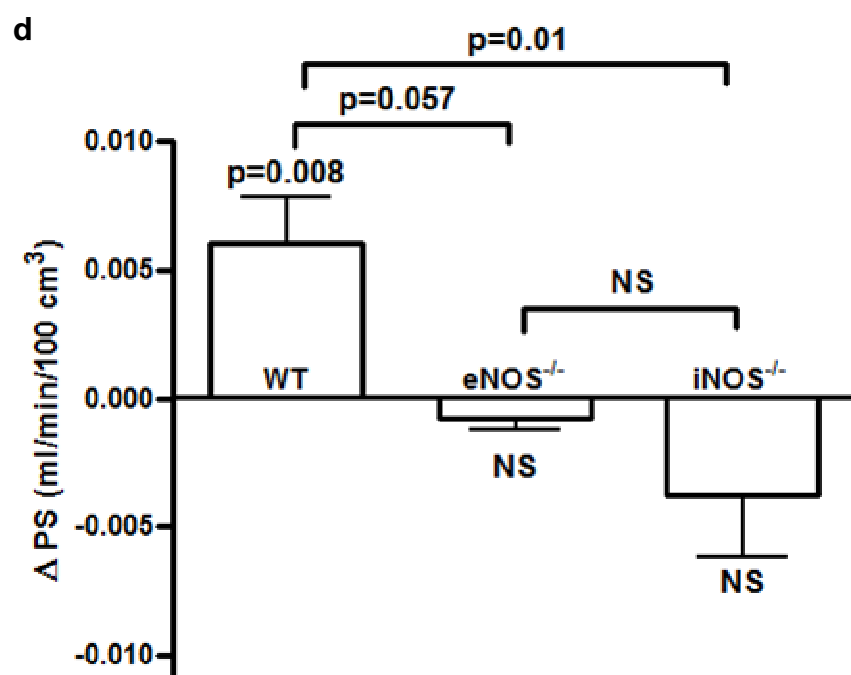
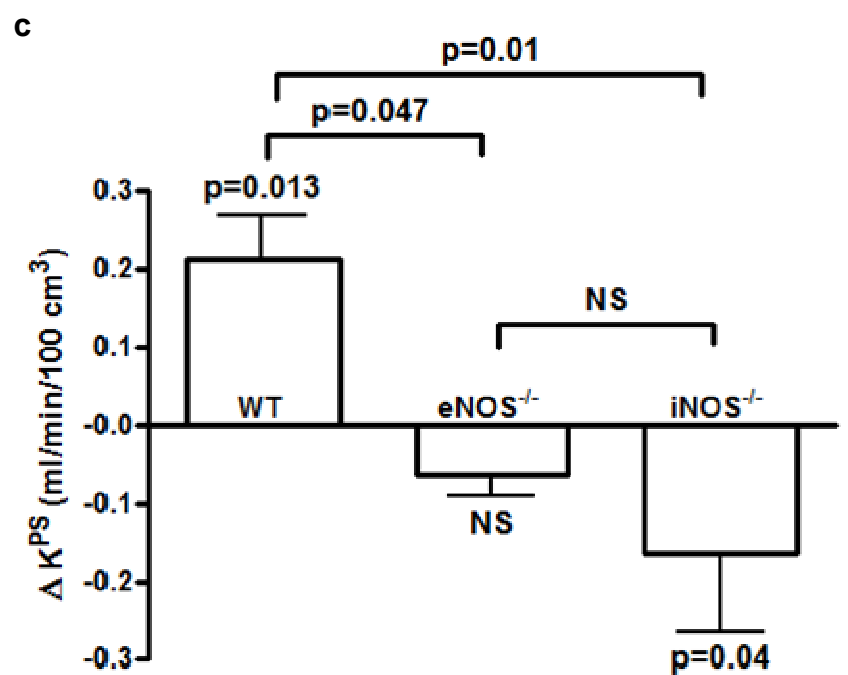


Figure 3.4

IL-2 induced vasodilation and microvascular permeability in the brain are abrogated in eNOS<sup>-/-</sup> mice. (a) Brain blood vessels immunohistochemistry of eNOS<sup>-/-</sup> mice did not show vasodilation following IL-2 treatment (800,000 U i.p., b.i.d. for 5 days). Matched 6- $\mu$ m frozen mid-brain sections of IL-2 treated and control eNOS<sup>-/-</sup> mice (n = 3) were dual-stained with Iso-B4 and anti-vWF to identify blood vessels. ImageJ software was used to analyze the area of blood vessels that were manually outlined on digitized fluorescence images of 4 different areas in the left and right cortex, left and right striatum, and the cerebral fissure (20 regions of interest/n). (b, c, d) eNOS<sup>-/-</sup> mice do not show positive cerebrovascular changes following IL-2 treatment evaluated using DCE MRI. The  $f^{PV}$ ,  $K^{PS}$ , and PS values of WT C57/Bl6, eNOS<sup>-/-</sup>, and iNOS<sup>-/-</sup> mice (n = 4) were obtained as previously described before and after 5 days of IL-2 treatment (800,000U i.p., b.i.d.) and the values following IL-2 treatment were subtracted with the values prior to IL-2 treatment for each mouse. The differences ( $\Delta f^{PV}$ ,  $\Delta K^{PS}$ , and  $\Delta PS$ ) were then analyzed using analysis of variance (ANOVA) techniques. A single-factor ANOVA using the mouse type (WT, eNOS<sup>-/-</sup>, and iNOS<sup>-/-</sup>) as the source of variation was conducted. Comparisons between groups were tested at the  $\alpha = 0.05$  significance level using Turkey's multiple comparisons method. Within each group changes were tested for each group separately using t-tests. Results are expressed as mean $\pm$ SEM. NS, not significant.







only  $\Delta K^{PS}$  of iNOS<sup>-/-</sup> mice showed significance ( $p = 0.04$ ). Both  $\Delta K^{PS}$  and  $\Delta PS$  of eNOS<sup>-/-</sup> and iNOS<sup>-/-</sup> mice are statistically different compared to the WT mice. These data indicate that eNOS-derived NO plays a major role in IL-2 induced vasodilation and microvascular permeability in the brain, while iNOS-derived NO may also contribute to brain microvascular permeability but not vasodilation.

Unexpectedly, there were no significant differences in behavior changes between WT, eNOS<sup>-/-</sup>, and iNOS<sup>-/-</sup> mice ( $n = 4$ ). All mice showed decreased spontaneous mobility over 60 min (Fig. 3.5a), rearing (Fig. 3.5b), and grooming (Fig. 3.5c) following IL-2 treatment. However, when we compared the post-IL-2 vs. pre-IL-2 (averaged over 4 days prior to the onset of IL-2 treatment as day 0 value = 100%) data within each group, the results showed that the spontaneous behaviors of WT and iNOS<sup>-/-</sup> mice were significantly reduced by day 3 of IL-2 treatment whereas the eNOS<sup>-/-</sup> mice did not show significant decreases in all 3 activities measured until day 4. Furthermore, WT and eNOS<sup>-/-</sup> mice were able to stay on the rotor rod for 180 seconds for the whole period of IL-2 administration, while 2 out of 4 iNOS<sup>-/-</sup> mice could not complete this test by day 5,  $p = 0.089$  (Fig. 3.5d), and eventually died of IL-2 toxicity on day 6. There was no IL-2 induced mortality in eNOS knockout mice. These data suggest that IL-2 induced behavioral changes were markedly attenuated in eNOS<sup>-/-</sup> mice compared to WT and iNOS<sup>-/-</sup> mice.

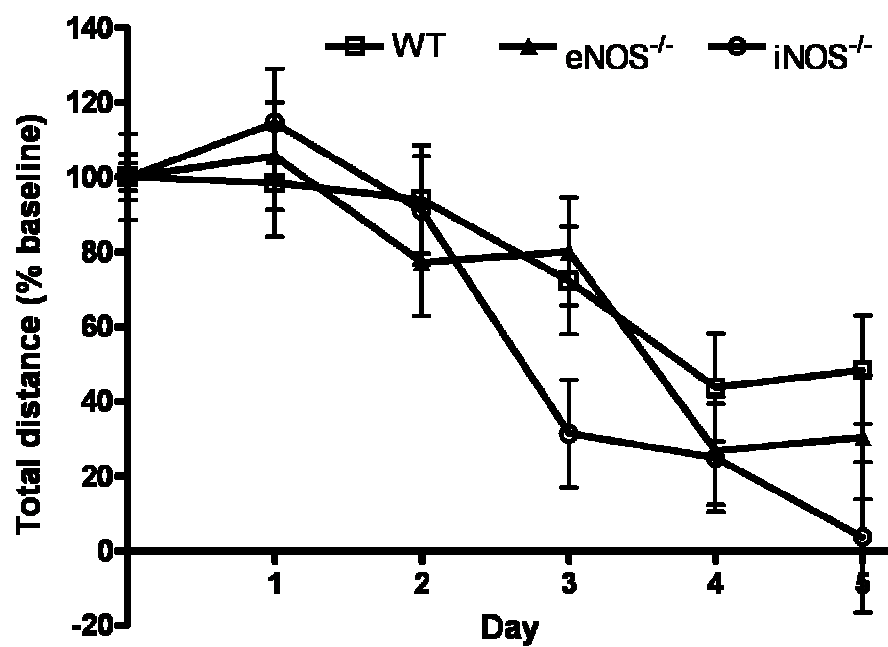
## Discussion

In mice, the therapeutic effectiveness is closely related to the dose of the drug (48). A recent phase II randomized study has suggested that high-dose IL-2 produces a

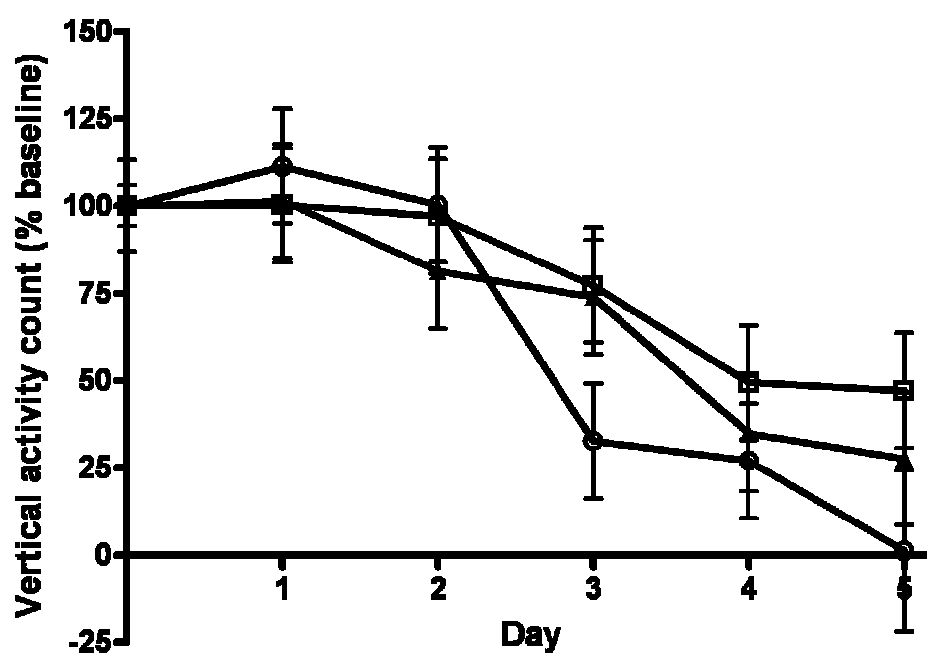
Figure 3.5

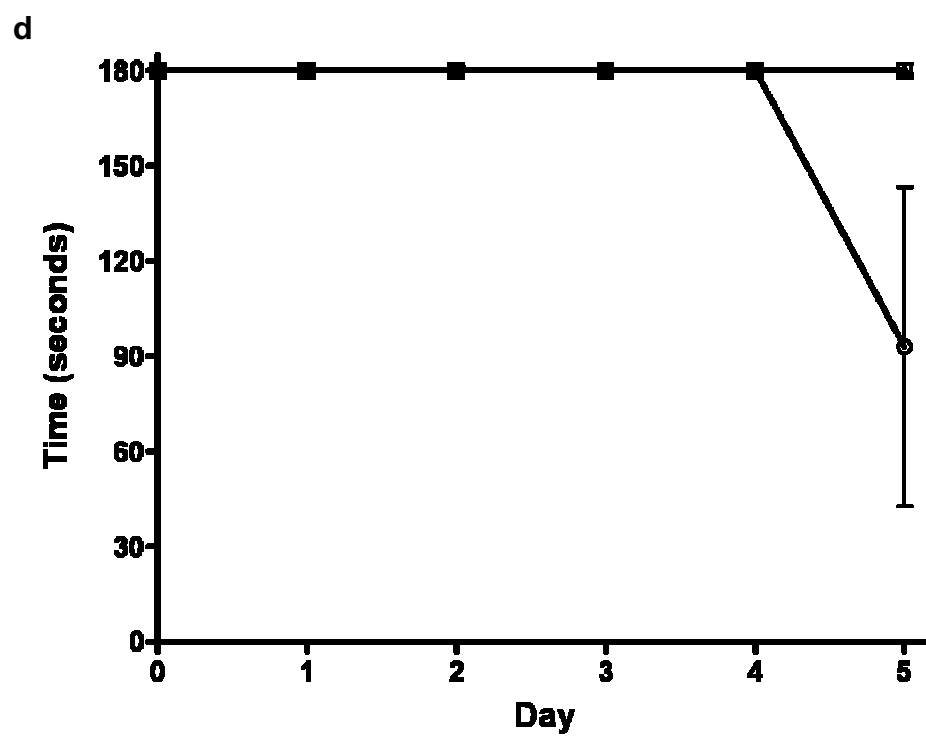
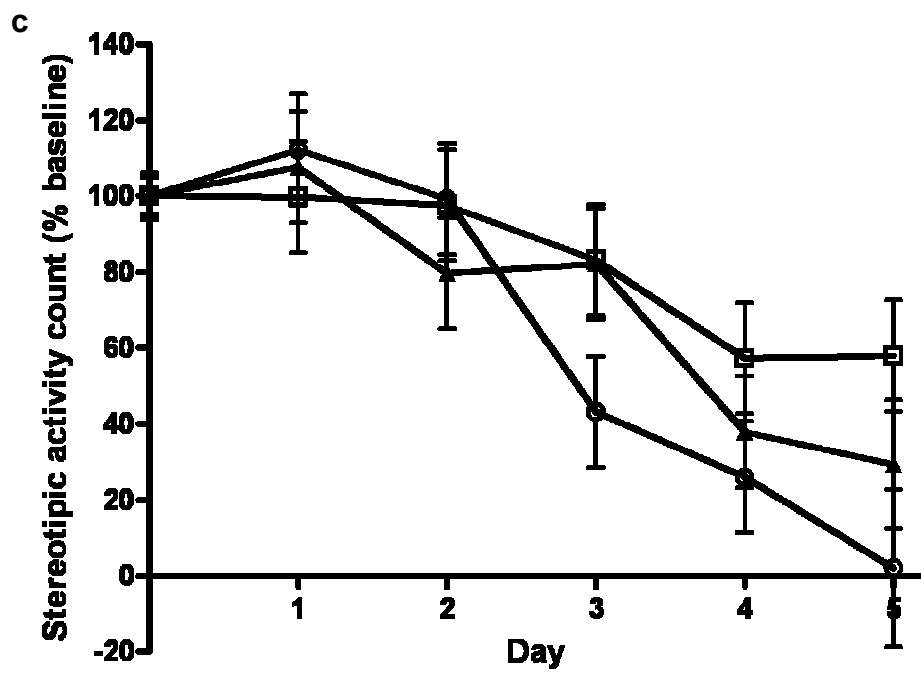
IL-2 induced behavioral changes were attenuated in eNOS<sup>-/-</sup> mice. Spontaneous nocturnal activities of WT C57/Bl6, eNOS<sup>-/-</sup>, and iNOS<sup>-/-</sup> mice (n = 4) were measured using the Auto-Track system (as previously described) prior to and daily during treatment with 800,000 IU IL-2 i.p., b.i.d. for 5 days and expressed as % of baseline. In Panel (a) total distance travelled in 1h is shown on a daily basis. Panel (b) vertical activity/rearing and (c) stereotypical activity/grooming are also shown. In Panel (d) a rotor rod study was used to evaluate physical strength and coordination prior to and during IL-2 treatment of these mice. Results are expressed as mean $\pm$ SEM.

a



b





higher response and complete response rate than intermediate dose or low dose IL-2 (49). The effectiveness of IL-2 therapy as a human cancer treatment is, however, markedly limited by cardiovascular and neuropsychiatric toxicities (13-14, 31). While the cardiovascular toxicities can be managed with pressor agents and fluid administration, the neuropsychiatric toxicity is the least predictable and controllable. This toxicity invariably leads to treatment discontinuation. Approximately 10–20% of patients receiving IL-2 therapy become agitated, sometimes with delusions or hallucinations, and at least 30–50% have more subtle CNS changes, such as mental slowing or confusion. The pathophysiology of this toxicity remains poorly understood.

Studies attempted to delineate IL-2-induced neuropsychiatric toxicity have been limited by the availability of suitable experimental techniques, as well as the technical challenges of performing DCE MRI studies in critically ill patients. A previous study looking at the effects of IL-2 in the brain of patients with extracranial cancer without evidence of intracranial metastases using T<sub>2</sub>-weighted MRI suggested a massive increase of cerebral water content in both the gray matter ( $12.6 \pm 7.3\%$ ) and white matter ( $17 \pm 6.2\%$ ) after IL-2 therapy (50). However, only 3 out of these 7 patients were mildly lethargic, and the range of these measurements varied from 3–48%, raising questions concerning the accuracy of these results. The magnitudes of these apparent cerebral water content increases are also difficult to believe as they are far greater than the magnitude of VLS measured in any other organ or even compared to the overall weight changes in the intact IL-2 treated animals or patients (approximately 6–8%). Studies in cats and rats have shown that a single intravenous injection of recombinant IL-2 increased the permeability of horseradish peroxidase into the brain, suggesting that IL-2 disrupted the

blood-brain barrier (BBB) and cerebrovascular morphological integrity (51-52). Another study on the effect of IL-2 on the CNS in rat gliosarcoma model suggested that IL-2 increased the transfer constant of carbon-14-labeled aminoisobutyric acid from the BBB into the brain of tumor-bearing rat brains, but not in normal brains (53). The significance of this finding is uncertain, since brain tumors are known to have abnormal blood vessel permeability and consequently could have contributed to the increased brain edema following IL-2 treatment. We therefore evaluated behavioral and CNS changes induced by IL-2 treatment in the normal brain using a well-characterized murine model (30, 54).

In the current study, behavioral changes were observed as early as day 2 following the onset of IL-2 treatment (Fig. 3.1a–c), well before the onset of motor impairment. Motor impairment occurred on day 4 of IL-2 treatment (Fig. 3.1d), when the mice are known to be profoundly hypotensive (39). These results indicate that the decreases in the spontaneous behavior of these mice were not due to the mice being too sick to move. Instead, these data suggest that IL-2 affects the CNS in a manner distinct from the dose-limiting systemic cardiovascular effects of IL-2.

We have evaluated a number of approaches to assess cerebrovascular changes in IL-2 treated mice (38). We analyzed vascular regions of the mid-brain section, which includes the striatum and cerebral cortex. Both of these brain regions are within the gray matter, consisting of the glial cells (astroglia and oligodendrocyte), neuronal cell bodies, neuropil (dendrites and axons), and capillary blood vessels. We also assessed the regions of interest in the striatum, which is best known for its role in cognitive processes, and the cerebral cortex, which plays an essential role in attention, memory, thought, perceptual awareness, and consciousness. Using immunohistochemistry, we demonstrated that IL-2

induced vasodilation of the blood vessels in these regions (Fig. 3.2). This was confirmed by DCE MRI, which showed both vasodilation and increased permeability of blood vessels in these specific anatomic regions in mice that appeared to correlate with behavioral changes (Fig. 3.3).

NO has been shown to mediate IL-2-induced VLS (55), presumably via alterations of the tight junctions between endothelial cells. Our previous studies in iNOS<sup>-/-</sup> and eNOS<sup>-/-</sup> mice have further demonstrated that NO production via the eNOS isoform, rather than the iNOS isoform, in the systemic circulation is necessary for VLS (29 and manuscript submitted). The role of NO in the IL-2-induced CNS effects has not previously been evaluated. Since we showed that IL-2 induces vasodilation of the brain blood vessels, we evaluated whether eNOS- or iNOS-derived NO contributes to IL-2 induced neurologic changes. Our current results show that eNOS<sup>-/-</sup> mice exhibited decreased vasodilation and microvascular permeability following IL-2 treatment (Fig. 3.4), indicating a key role of this enzyme in IL-2 induced brain microvasculature changes. On the other hand, iNOS-derived NO seems to contribute to IL-2 induced microvascular permeability in the brain (Fig. 3.4c–d). Further analyses of these DCE MRI data indicate that eNOS<sup>-/-</sup> and iNOS<sup>-/-</sup> mice develop leaky brain blood vessels prior to IL-2 treatment, and this permeability is decreased following IL-2 treatment (Fig. 3.4c–d). This phenomenon is very intriguing. These knockout mice develop normally and it is not previously known that they have leaky blood vessels. Although they seem to be more aggressive than the WT mice, their behavioral studies prior to IL-2 show similar data as the WT mice (Fig. 3.5). One possible explanation is that IL-2 synthesis strongly induces nitric oxide and vasodilation. Compensatory pathways may also be induced by IL-2. In



mice without NO production (due to knockout of eNOS or iNOS), the compensatory pathway may still be strongly induced, decreasing microvascular permeability in the brain. The mechanisms that appear to decrease vascular permeability in eNOS<sup>-/-</sup> or iNOS<sup>-/-</sup> mice will require further investigation.

Unexpectedly, eNOS<sup>-/-</sup> mice still showed measurable behavioral changes following IL-2 treatment (Fig. 3.5a–c) although these changes were attenuated compared to the WT and iNOS<sup>-/-</sup> mice. We considered that NO produced by the iNOS isoform might contribute to some of these behavioral changes. This possibility appears unlikely as administration of L-N<sup>6</sup>-(1-Imminoethyl)lysine (L-NIL, a relatively specific inhibitor of iNOS (56)) to eNOS<sup>-/-</sup> mice failed to prevent IL-2 induced behavioral changes (data not shown). These results suggest that there may be additional mechanisms involved in IL-2-induced neurologic changes in mice. This may be similar to the observations in thiamine-deficient mice, where the eNOS gene knockout prevented blood brain barrier disruption but not neuronal cell loss (57). It should also be noted that our DCE MRI data on C3H/HeN mice indicated no significant changes in  $f^{PV}$ ,  $K^{PS}$ , and PS values on day 3 of IL-2 treatment (data not shown), whereas the behavioral changes were observed as early as day 2. These data suggest that IL-2 induced behavior and cognitive changes occurred before detectable IL-2 induced vasodilation and microvascular permeability. We therefore hypothesize that other mechanisms, such as the release of excitatory neurotransmitters, may contribute to the changes in behavior and cognitive functions observed at early time points during IL-2 treatment while the eNOS-mediated vasodilation and microvascular permeability in the CNS contribute to neuropsychiatric toxicities observed on days 4 and 5.

It should be noted that there are striking similarities in the pattern of IL-2 induced VLS, hypotension, and delirium (neuropsychiatric toxicity) with the initial phase of septic shock (16). This is also associated with the rapid onset of a similar “cytokine storm” and pathophysiologic features (58-60). Sepsis progresses rapidly (in hours) to a refractory shock, associated with organ failure and a high mortality rate. IL-2 treatment may be a convenient model to study the cardiovascular and neurologic mechanisms involved in the acute and reversible phase of sepsis, as the onset is more gradual and is dose dependent.

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## CHAPTER 4

## DISCUSSION



Despite other currently available chemotherapy for metastatic melanoma and renal cell carcinoma (1-2), IL-2 is the only agent that can induce durable complete remissions in approximately 5-10% of patients with these cancers (3-4). Unfortunately, IL-2-induced cardiovascular and neuropsychiatric toxicities (5-7) limit the administration of high dose IL-2 required to achieve complete remissions. While the cardiovascular toxicities can be attenuated in patients by administration of pressor agents and fluid, the neuropsychiatric toxicity can only be managed by holding further doses of IL-2. Studies using a nonpeptidyl mimic of  $O_2^-$  dismutase, NOS inhibitors, and NOS knockout mice have shed some light on the mechanisms involved in IL-2-induced hypotension and VLS (8-10). On the other hand, the pathophysiology of IL-2-induced neuropsychiatric toxicity was previously unclear.

Previous studies attempting to look at the effects of IL-2 in the CNS have suggested an increase in BBB permeability and therefore brain edema (11-14). However, some of these results are questionable. Further attempts to delineate IL-2-induced neuropsychiatric toxicity have been limited mostly by the availability of suitable experimental techniques. Therefore, we first evaluated and developed a number of potential experimental methods that could quantify cerebrovascular changes in an established murine IL-2 treatment model (8, 15). Our evaluations showed that assays quantifying changes in the mouse brain interstitial fluid following IL-2 treatment (i.e. wet versus dry brain weight, MRI proton density measurement, and quantification of radioactive labeled [ $^{125}$ I]-bovine serum albumin, tritiated water, or fluorescence marker), were not informative due to lack of sensitivity to accurately measure the small changes in the mouse brain water content. Two successful methods identified include DCE MRI and

quantitative analysis of the mouse brain blood vessels dual-stained with isolectin GS-IB<sub>4</sub> and an antibody to von Willebrand factor. The data demonstrated that IL-2 induced vasodilation and microvascular permeability in the mid-brain section containing the cerebral cortex and striatum, which correlate with cognitive and behavioral changes.

Previous data in our lab have shown that by day 4 and 5 following IL-2 treatment, IL-2 treated mice have a blood pressure of < 40 mmHg (16) and a significantly decreased serum albumin (unpublished), resulting in low hydrostatic and osmotic pressures within the vasculature. Thus, the increase of contrast agent in the IL-2 treated mouse brain detected by DCE MRI is not likely due to a hydrostatic pressure-induced filtration, as decreased systolic pressure should decrease these forces. In the presence of decreased hydrostatic pressure, the only way to fully account for the identified changes is an increase in BBB permeability acting in concert with decreased osmotic forces. As the contrast agent was injected gently by hand during all DCE MRI procedures through a thin bore tube that is not amenable to high injection pressures, artifact changes seem unlikely. A high-pressure automatic injector device (pump), such as usually used in patients, was not used.

Using a behavior monitoring system, we established that IL-2 treated mice exhibited behavioral changes, suggesting that IL-2 affects the CNS in a similar fashion in the murine model as in IL-2 treated patients. The behavioral changes in C3H/HeN mice were observed as early as day 2 (after 4 doses of 180,000 IU IL-2 i.p., b.i.d) following IL-2 treatment. This occurred long before the onset of severe motor impairment observed on day 4 when IL-2 treated mice are known to be profoundly hypotensive (16). These data indicate that decreases in the spontaneous behavior of these mice are not due to the

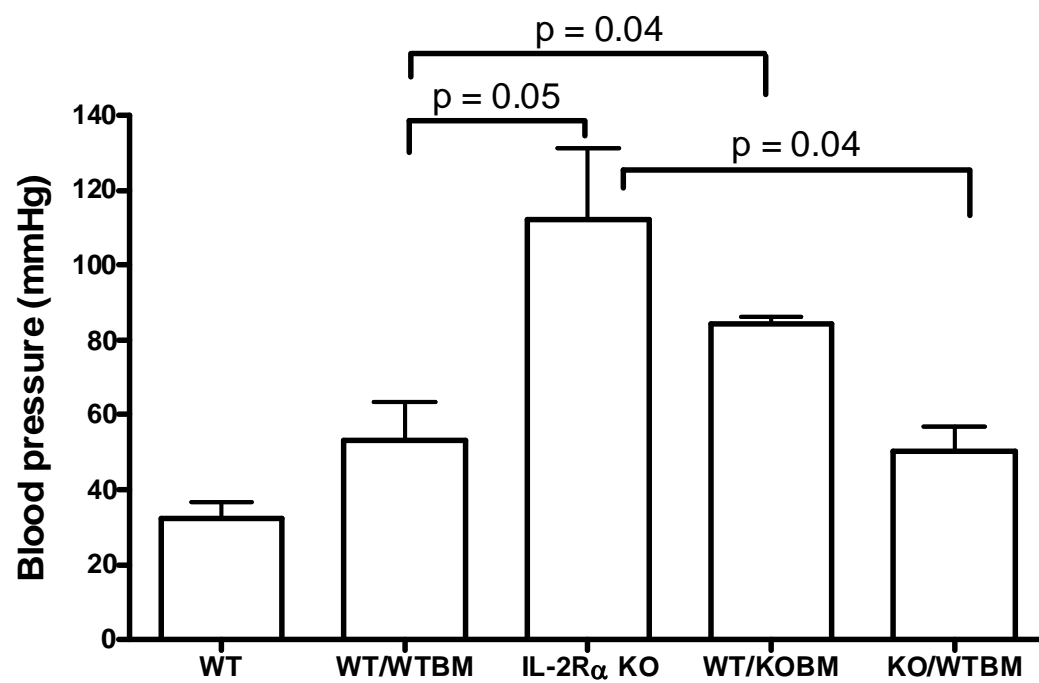
mice being too sick to move and that IL-2 affects the CNS via a different time course than the systemic cardiovascular toxicities of IL-2.

As NO derived from endothelial cells or pharmacologic donors is known to induce peripheral vasodilation and is thought to contribute to vascular permeability changes (17-19), we evaluated its role in the IL-2-induced vasodilation and microvascular permeability in the CNS using the immunohistochemistry and DCE MRI techniques. The results of these experiments established that IL-2-induced vasodilation and microvascular permeability were abrogated in eNOS<sup>-/-</sup> mice, demonstrating a causal role of this enzyme in IL-2-induced brain vasculature changes. These data are consistent with the crucial role of eNOS in IL-2-induced systemic cardiovascular toxicities (10). Interestingly, iNOS<sup>-/-</sup> mice still developed vasodilation following IL-2 treatment, but not microvascular permeability, suggesting that iNOS also plays a role in IL-2 induced microvascular permeability in the brain.

IL-2 is unique as it induces a transient autocrine feedback loop in T and NK lymphocytes, further increasing IL-2 synthesis. This results in a marked induction of a 'cytokine storm' (20), which is thought to mediate IL-2-induced dose-limiting toxicities. However, questions remain whether IL-2 induces effects on the vasculature by binding directly onto IL-2 receptor (IL-2R) on the endothelial cells or indirectly via IL-2R on the leukocytes. There are several studies that suggest low level expression of IL-2R on endothelial cells. The functional relevance is currently poorly understood. We have performed preliminary experiments employing mice with homologous recombination in the IL-2R $\alpha$  (CD25<sup>-/-</sup>). These mice are resistant to induction of IL-2 induced hypotension (Fig. 4.1). These data do not explain whether this is a result of a decrease in the cytokine

Figure 4.1

Assessment of whether IL-2 induces hypotension via IL-2 receptor (IL-2R) expression on endothelial cells or leukocytes. C57/Bl6 WT and IL-2R $\alpha^{-/-}$  mice (back-crossed onto a C57/Bl6 background, not 100% chimeras) were treated with 1 mg Ciprofloxacin i.p. once a day for 2 days followed by 25 mg/kg Busulfan i.p. once a day for 6 days to ablate endogenous bone marrow. Ciprofloxacin (0.18 mg/ml) was also added into the drinking water during the duration of the experiment. Two days after the last dose of Busulfan,  $2 \times 10^6$  syngeneic bone marrow cells were transferred into each mouse i.v. via the tail vein. Mice were allowed to reconstitute normal bone marrow function for 1 month. At this time, the hemato-immune cells in transplant recipient were predominantly of bone marrow donor origin, while the endothelium was of host derivation. C57/Bl6 WT, IL-2R $\alpha^{-/-}$ , WT mice transplanted with bone marrow (BM) from either WT (WT/WTBM) or IL-2R $\alpha^{-/-}$  mice (WT/KOBM), and IL-2R $\alpha^{-/-}$  mice transplanted with WT bone marrow (KO/WTBM) ( $n = 3$ ) were treated with 800,000 IU IL-2 i.p., b.i.d. for 5 days. On day 5, the blood pressure of each mouse was measured via tail cuff method (Stoelting, Wood Dell, IL) using PowerLab digital signal transducer (AD instruments, Mountain View, CA). Pulse and blood pressures were recorded onto a computer and analyzed using Chart 3.6.1 software (AD instruments) to obtain systolic blood pressure of each mouse. Results are expressed as mean $\pm$ SEM. The statistics were analyzed using 2-sample Student's 2-tailed t-test. A p-value  $\leq 0.05$  was considered significant and is indicated on the graph.



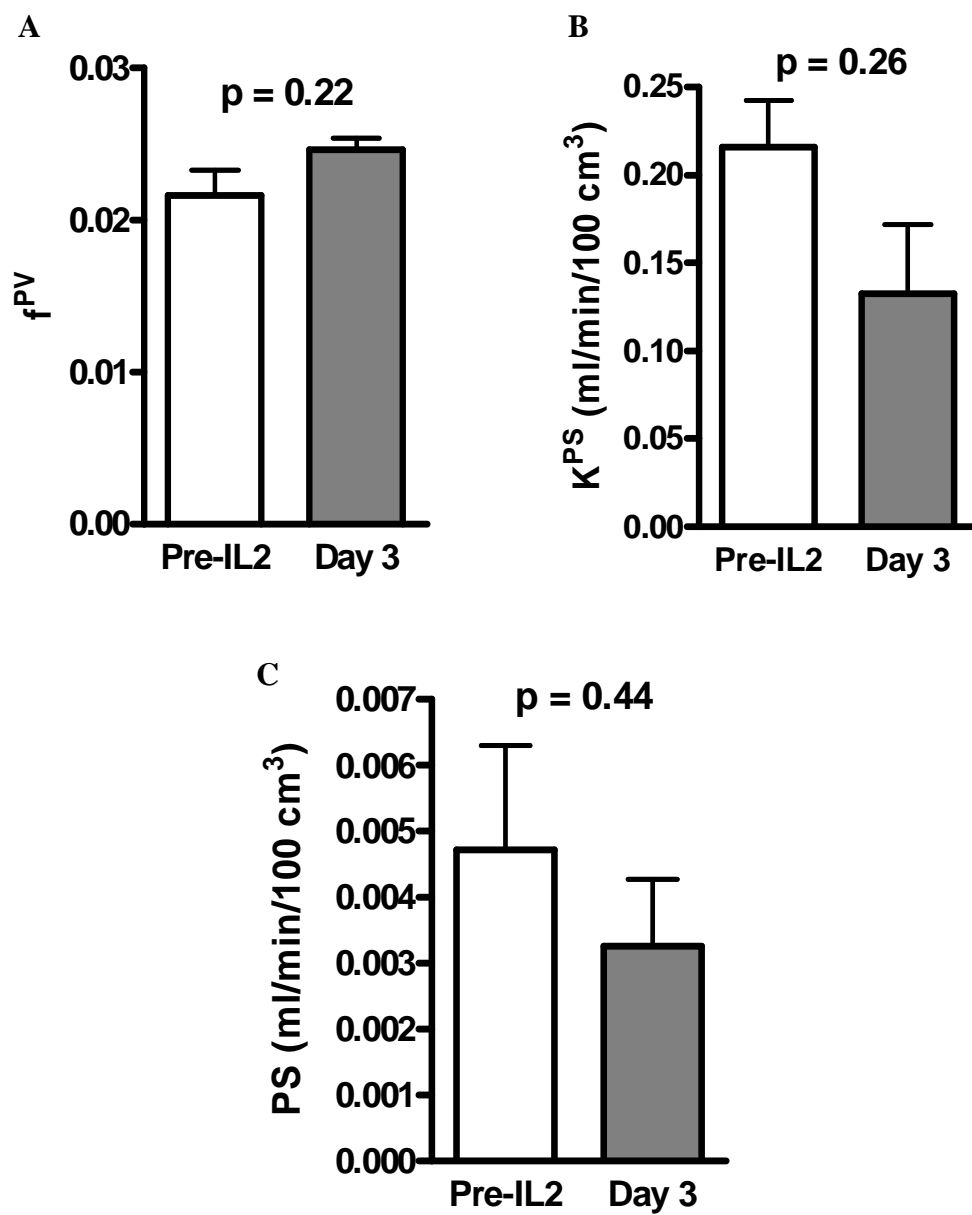
storm or in endothelial responsiveness. We therefore performed a transplant experiment to create chimeric mice. The results suggest that the presence of IL-2R $\alpha$  on the immune cells, but not endothelial cells, is essential for IL-2-induced hypotension in mice (Fig. 4.1).

Surprisingly, eNOS<sup>-/-</sup> mice still exhibited substantial behavioral changes following IL-2 treatment although these changes were attenuated compared to the WT and iNOS<sup>-/-</sup> mice. Administration of LNIL, a specific inhibitor of iNOS (21), to eNOS<sup>-/-</sup> failed to prevent IL-2-induced behavioral changes, indicating an additional mechanisms are likely to be involved in IL-2-induced neuropsychiatric changes. Furthermore, our DCE MRI data showed no significant changes in  $f^{PV}$ ,  $K^{PS}$ , and PS values in C3H/HeN mice on day 3 of IL-2 treatment (Fig. 4.2), whereas the behavioral changes were observed as early as day 2 in these mice. These data suggest that IL-2-induced behavior and cognitive changes occurred before detectable IL-2 induced vasodilation and microvascular permeability. We hypothesize that excitatory neurotransmitters may also be increased in the brain following IL-2 treatment and may contribute to the neuropsychiatric toxicity observed at early time points during IL-2 treatment while the eNOS-mediated vasodilation and microvascular permeability in the CNS are likely to exacerbate this toxicity by days 4 and 5. The excitatory neurotransmitters may account for the frequent agitation, hallucinations, and delusions seen in human IL-2 treated patients. This possibility will require further investigation.

Collectively, this study provides the tools to evaluate other situations that result in cytokine-induced neuropsychiatric toxicity, i.e., sepsis or therapy with other inflammatory cytokines (i.e. IFN $\gamma$  or TNF $\alpha$ ). Further delineation of the signaling

Figure 4.2

DCE MRI following 3 days of IL-2 treatment (6 doses of 150,000 IU i.p., b.i.d.) to evaluate early changes in vasodilation and microvascular permeability induced by IL-2 in the brain. C3H/HeN mice ( $n = 5$ ) were scanned both before and after 3 days of IL-2 treatment using T<sub>1</sub>-weighted 2D-FLASH MRI sequence (TE/TR = 3.06 ms/84.992 ms, flip angle = 40°, slice thickness = 1 mm, number of slices = 10, field of view = 2 x 2 cm, matrix = 128 x 128 pixels, a single scan time = 8.159 s, number of repetitions = 60). After baseline imaging, 0.1 mmol/kg of gadobenate dimeglumine (MultiHance®, Bracco) was administered by bolus injection via tail vein catheterization. Customized MATLAB programs were used to measure signal intensities from manually drawn ROI on a selected 1-mm mid-brain section of each mouse. The left and right maxillary veins were averaged to derive the contrast agent concentration in the blood pool and a two-compartment model was used to calculate A) fractional plasma volume ( $f^{PV}$ ), B) endothelium transfer coefficient ( $K^{PS}$ ), and C) permeability surface area product (PS). Results are expressed as mean±SEM. Statistical analysis was performed using paired Student's 2-tailed t-test using GraphPad PRISM software and the p-values are shown. A p-value  $\leq 0.05$  was considered significant.





pathways upstream or downstream of eNOS that contribute to IL-2-induced vasodilation and microvascular permeability in the CNS is also feasible using these experimental methods. A longer-term goal of this line of investigation is to develop a more complete understanding of the mechanisms involved in IL-2-induced neuropsychiatric toxicity. This will be important to allow identification of pharmacologic inhibitors that block this toxicity in patients. Blockade of IL-2 induced cardiovascular and neurologic toxicities may enable dose escalation of IL-2 in human patients and may allow more patients to achieve complete and long-term remissions of otherwise incurable cancers.

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